J. W. Manchester

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A COLLECTION OF RECEIPTS IN PHYSIC. &c.

A

COLLECTION

OF

RECEIPTS

IN

PHYSIC, &c.

A COLLECTION OF Receipts in Phyſic,

BEING THE

PRACTICE

Of the late EMINENT

Dr. *BLOXAM:*

CONTAINING

A Complete Body of PRESCRIPTIONS anſwering to every DISEASE.

With ſome in SURGERY.

To which are added,

By the EDITOR,

A general Account of the Operations of all Kinds of Medicines:

ALSO

Occaſional *Remarks*, *Directions*, and *Cautions*, ſuited to the different STAGES of DISTEMPERS, in order to render this WORK particularly uſeful in FAMILIES.

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PREFACE.

TO enlarge on the Powers of Medicines themſelves, would be a uſeleſs and needleſs Subject, ſince none can deny their Efficacy, as being the Deity's Second Cauſes to effect the Reſtoration of Health: It may be neceſſary, nevertheleſs to ſay ſomething concerning theſe we now preſent the Publick with; they are all Genuine, being the Notes for Preſcriptions of an eminent Phyſician lately Dead; never before printed or any where to be found but on Apothecaries Files: they are excellent in their kind, and by being eaſy as well as efficacious, become more fitted for Family Uſe than any ever yet publiſhed. The Hopes that they may be of Uſe to People whoſe Diſtance or Circumſtances hinder immediate Application, prompted me to a Tranſlation, that thoſe Clergy or Ladies, who for the Benefit of their poor Country Neighbours, employ their charitable Endeavours to reſtore Health, may be aſſiſted with a Manual of Receipts on which with the greateſt Safety they may depend. There is no Diſeaſe that can probably happen to the Human Body, but we may here find a Weapon to Combat it withal: And to render their Uſe and Application more univerſal and certain, I have caſually added ſuch Remarks as may ſerve to

guide and help their Preparation or Adminiſtration.

The Materials of which they are compounded, are ſeldom any thing beyond the Produce of the Country; that nothing therefore may be wanting to compleat ſo uſeful a Work, I will here add a general Account of the Operations of all Kinds of Medicine.

Medicines have been variouſly claſſed by Diſpenſary Writers, but it is certain that the general Diviſion can be but into three.

1ſt, *Evacuants or ſuch as diminiſh the Bulk of the Body.*

2dly, *Reſtoratives, or ſuch as add to the Bulk of the Body.*

3dly, *Alteratives or ſuch as alter the Conſtitution without any viſible Addition or Diminution.*

Theſe may be ſubdivided into many, as follows;

The ſeveral Ways of increaſing the Diſcharges, and thereby leſſening or emptying the Body are Eight, viz. *by Vomit, Stool, Urine, Sweat, Spitting, Sneezings, Cleanſers of the Womb, or that Diſcharge by Bliſters, Setons or Iſſues.*

And

And firſt Vomits, *which is the moſt Sovereign of all Evacuations in thoſe Conſtitutions that will admit of them. They are of two Sorts, the milder or thoſe that diſturb nothing beyond the Stomach, and the rougher, or thoſe that give a Shock to the whole Fabrick; by means of Vomits all that Filth lying in the Folds of the Stomach is diſcharg'd, which Purges would only ſlip by, and by the ſtronger Sort, the Liver, Spleen and neighbouring Parts are powerfully ſhook and irritated to diſcharge all Obſtructions and open a freer Circulation: They are of great Uſe in Diſeaſes of the Brain and Nerves, and in many other, but let this Caution be obſerv'd,* viz. *that they are more uſeful in Summer than Winter, that none who have bad Lungs ſhould meddle with them, that they are rather fitting to be taken when up, than laying down; and that an Opiate ſhould be given after their Operation is over. The next Evacuant is* Purges, *which are likewiſe of the milder and the rougher Sort; the former are rather to be uſed than the latter, as you may encreaſe the Doſe by Degrees, obſerving that Purges do not always hurt when they don't operate. Aloes are hurtful to People of a hot dry Conſtitution and give the Piles; Caſſia ſhould not be given to any diſtempered with Ulcers of either Kidneys or Bladder, nor to Women with Child. Bitter Apple is a violent Purge and moves the Brain ſtrongly, Hellebore is a good Medicine, but will ſtay too long in the Body unleſs join'd with Scammony or ſome Quickner, neither*

Jallap nor Scammony ſhould be given to weak Perſons, to thoſe addicted to Swoonings, to hypochondriack or hyſterick Perſons, nor to any prone to Fevers.

Manna is hurtful to cholerick Conſtitutions which it heats inſtead of cooling, and the Party ſhould ſoon eat after it; Mechoacan is an uſeful Purger, as is Mercurius Dulcis if given in due Doſes; there are abundance of other Purges that though not ſo good by themſelves, become excellent in Compoſition, as are ſeveral of the purging Receipts in this Book, obſerving their Virtues according to the Diſeaſes they are appropriated to.

The third ſort of Evacuants is Diuretics, *or by Urine, of which you have here ſome excellent Forms; they have a Faculty of ſeparating various Humours out of the Maſs of Blood; in the Uſe of them obſerve, that the Addition of Honey and Sugar encreaſes their Virtues, that they ought to precede the Uſe of ſweating Medicines; That the ſame Sort are not good for all; that all the Body may be drained by their proper Help, that they are not to be uſed at Meal times (except the Solution of Gum Arabick) and that they ſhould be uſed often to make them effectual.*

The fourth Evacuant is Diaphoretic or by Sweat, *which is of univerſal Uſe in obſtructed Perſpi-*

Perſpiration, or what is uſually called catching Cold, and in all Fevers to promote the bringing them to a Head; they are ſometimes hurtful, as where the Serum of the Blood is in too great Quantity, but in the Urgency of the Diſeaſe, and by the cloſe following the Account of their Virtues, you may uſe the Receipts here given for that End with Safety and Advantage.

The fifth Evacuation is performed by Medicines that promote the ſpitting up any Thing that offends the Breaſt; as in Aſthmas, Coughs, Phlegm on the Stomach, &c. or by emptying the hurtful Matter by the Glands of the Mouth in venereal Caſes; the laſt operate by opening and widening the Pores of the Jaws, Palate, Tongue, &c. and by fuſing, melting and cutting the ſerous Humour, they greatly help to root out rebellious Diſeaſes; the former that help to cut and bring up viſcid Phlegm, are of great Service in Diſeaſes of the Breaſt; ſeveral Forms of both may be found hereafter.

Sneezing Powders or Liquids are a ſixth Kind of Evacuants, and great things may be done this Way by proper Medicines, they operate by irritating the Membranes of the Noſtrils, they eaſe the Head both in General and alſo in Particular, and are chiefly of Uſe in Apoplexies, Epilepſies, and difficult Labours; but are hurtful in venereal Head-achs, Fractures, Luxations of the Ribs,

Rup-

Ruptures, Ulcers of the Lungs, Spitting of Blood, &c.

Thoſe Medicines that cleanſe the Womb, and promote menſtrual Diſcharges are another Kind of Evacuants, of which ſee a full Account in the Remark, page 41. There remains only the Diſcharge by Bliſters, Setons and Iſſues.

Bliſters are either of great Service or Diſſervice; they draw a Variety of Humours, and are of Uſe in that Kind of Dropſies not broke into the Cavities of the Belly, are requiſite in all Pains whether ſcorbutick or gouty, fixed any where in the outer Habit of the Body, or in any Member; alſo when the Blood wants to be leiſurely cleared from any foreign or diſeaſed Matter, or in all putrid malignant Fevers, Scurvy, Green-Sickneſs, or any ſluggiſh Motion of the Blood; it is very profitable, and of excellent Uſe in Head-achs, Vertigo's, Dizzineſs, Lethargy, Convulſions; or any Diſtempers too rooted to give Way to any other Evacuations.

On the other Hand, Bliſters are very hurtful to thoſe who are afflicted with any Diſtempers of the urinary Paſſages, in the Whites, Gonorrhea or any ſeminal Diſcharge; and in ſome Conſtitutions throw too many Salts in the Blood, and do much Damage. Setons are very profitable in Defluxions upon the Eyes, and Pains in the Head;

and

and before any old Ulcers of the Limbs are dried up, I would adviſe an Iſſue to ſerve as a Drain.

I would here ſay ſomething concerning Bleeding, but as that Operation cannot (or I ſhould ſay, ought not) be done without a regular Surgeon, ſuch Inſtructions would be needleſs.

The ſecond general Diviſion is of Reſtoratives, or ſuch as add to and encreaſe the Bulk of the Body, which may be ſubdivided into Strengthners, or ſuch as agglutinate, bind, or dry up, which laſt are uſually term'd Sweetners of the Blood; or into Hypnotics or ſuch as procure Sleep, Agglutinants by their ſmooth ſlimy Parts, reſtore the Decays made by continual Motion of the Parts, and thus ſeveral reſtorative Medicines in this Book form'd on that Baſis are of the utmoſt Uſe.

The Operation of Reſtringents or Binders is generally to cloſe the Mouths of bleeding Veſſels, or render the Bowels inſenſible of the Stimulation of purging Medicines, they are ſuch as add a Springineſs or Elaſticity to the Fibres and reſtore the Tone of the Blood; as for the Uſe of them in Fluxes we are to obſerve, not to uſe any by themſelves without ſome Purgative, nor ever to endeavour to ſtop any Looſeneſs till it hath vitiated the Appetite, for ſo long as that remains in a State of Health, the other is no more than a critical Diſcharge of Nature, endeavouring to throw off

her

her Enemy, which if not ſtrong enough to do alone ſhe muſt be gently aſſiſted by ſome Purgative mixed with gentle Reſtringents. So proceeding by Degrees, and I doubt not but a due Regard paid to theſe Rules, with the Uſe of the Remedies preſcribed in this Book, will be of ſingular Service; as for the Uſe of Reſtringents in Overflowings of the Menſes, *the Reader is referred to the Remarks on the Remedies preſcrib'd in this Caſe, where they are largely treated of.*

The Article of Abſorbents next comes under Conſideration, in which Claſs are all thoſe things that ſoak up ſuperfluous Moiſture, and ſheath or blunt the Acrimony or Acidity of the Blood or other Juices, hence all teſtaceous Powders, Chalk, Lime and the reſt come in Uſe, and for all Heart-Burns, Hecticks, Acid-Belches, and other Diſorders, as you will find in the Table of Diſeaſes.

Hypnotics, or Medicines to procure Sleep, are of great Uſe to thoſe who can bear them well, but on the contrary, thoſe who are either remarkably corpulent or thin, of a cold Conſtitution or lethargick Diſpoſition, muſt certainly find Hurt thereby, tho' in ſome Caſes they are the only Relief. They ſhould be taken a conſiderable Time after Eating, leaſt a violent Pain in the Stomach ſhould take the Place of Reſt; after bleeding they are highly improper at leaſt for ſome Time. Where Laudanum *will not ſeize and diſorder the Head,*

Head, it is the beſt Opiate, and may be ſafely given to Children or Women with Child, but where it does, which is too often the Caſe, you have in this Book an invaluable Receipt in the Pil. Nepenthe, *Opiates are excellent in Cholicks, Pains of the Bowels, Fevers, Plague, Defluxions on the Lungs, and in inveterate Coughs, but avoid them in hydropick Perſons.*

The laſt general Diviſion is Alteratives, *or ſuch as alter the Conſtitution, without any Viſible Increaſe or Decreaſe of the Bulk and are, firſt Nervous, which are either Cordials, Cephalics, Carminatives, or Hyſterics; or ſecondly, Stomachicks, or thirdly, Balſamicks, which are either Softners, Reſtorers, Vulneraries or Cleanſers, or fourthly, Coolers.*

Whatſoever cheareth the Heart is termed cordial, and what eaſeth the Head cephalic, the Manner they act is by rouſing the ſluggiſh Spirits, and adding to the force of the Fibres. All Aromatics, or ſweet ſmelling Simples come under this Head, of which hereafter you have many Forms, but take the following Cautions; when there is a great Debility or Weakneſs of the Faculties, we muſt not preſently flee to comforting Cordials nor indeed to them alone, but the Cauſes are to be removed, whether there be an Overfulneſs of Blood, Suffocating the Spirits, or an evil Diſpoſition defiling them, whence often either bleeding or purging

will

will remove the Cauſe; do not too often under the Notion of comforting, take ſpirituous Preparations, leſt inſtead of Lighting you put out the vital Flame, but let Neceſſity and Moderation be your Guide.

In Cephalicks *have regard that no cephalick Spirit, Water or Elixir be taken on an empty Stomach, leaſt they deſtroy, for then they run to the Bowels, harden the Brain, and produce Apoplexies and Dropſies.*

Carminatives *are ſuch Medicines as expel Wind, of which as you may conſult hereafter, I will only ſay here, give them not where the Patient is coſtive, or the Excrements hard, leaſt binding too much they force the Bowels to throw their Contents upwards.*

Hyſterics *are thoſe Medicines that affect the Womb, of Part of which,* viz. *the Forcers or Stoppers of the Terms we have ſhewn elſewhere. Under this Head are all the Remedies for the Womb, which ſeem to operate by a cleanſing Quality that open the Glands and by Degrees wear away Obſtructions; further Remarks ſee hereafter.*

The ſecond Claſs are thoſe that help the Stomach, and are generally Acids or Bitters, *of which you have here uſeful Forms, with the Virtues affixed to each of them.*

Soft-

Softners *obtain the next Place, which are ſuch as ſheath and ſoften the Sharpneſs of the Humours, and relax and ſupple the Solids, at the ſame Time; for when in the Stomach or any Parts, the Juices have obtained ſuch a Sharpneſs as to twitch and render uneaſy the Fibres and nervous Part, which often happens, thoſe Things which are ſmooth, ſoft and yielding, cannot but wrap up their Points and render them imperceptible when they may gradually by the common Courſe of Circulation, be brought to ſome convenient out-let without doing any Injuries by the Way; ſuch Parts alſo draw the Fibres into Cramps, keep them too tight and often occaſion thereby Obſtructions of the worſt Kind, in all ſuch caſes Softners lubricate and moiſten the Fibres, ſo as to relax them into their proper Dimenſions, whereupon the Diſorders ceaſe. Forms for theſe Uſes you will find hereafter.*

The Reſtoratives *of this Claſs afford Nouriſhment rather than Medicine, and whatever anſwers this End is both endued with a Diſpoſition to enter into and mix with the moſt ſubtle of the Human Fluids, and to fall into and adhere with, ſuch Vacancies of the Solids as have been worn away by Action and ſtand in need of Recruit; of this alſo you have ſome Forms.* Vulneraries *differ only in Degrees of Strength, with Detergents or Cleanſers, and are of ſuch Parts as are fit to mix with, thin, and wear away the Contents of*

Ab-

Abſceſſes and Ulcerations, and thoſe ſlimy and thick Collections of Humours which are apt to adhere to and obſtruct the Veſſels. Of theſe alſo you have a ſufficient Choice.

The laſt Article of all is Coolers, *which are of two Sorts, ſuch as immediately produce a Senſe of Cold or ſuch as check by their Vicidity the too quick Motion of the Blood; for further Obſervations, ſee the Remarks on ſeveral of the following Medicines.*

Thus much I thought neceſſary to premiſe that theſe excellent Receipts might not go naked into the World, if they have any Effect to produce a due Management in the Uſe of them and thereby contribute to the Publick Good, I have my End.

That this Work might be made as uſeful as poſſible to private Perſons, it was thought proper to add to it by way of Appendix, the Receipts that have of late been made publick, by Sir Hans Sloane, *Bart. Dr.* Mead, *and ſome others, which it is hoped, will not be unacceptable to the Reader.*

The Editor.

RECEIPTS IN PHYSICK, &c.

1. *Aqua Analeptica.* Reſtorative Water.

TAKE live Snails, clear'd from their Shells, four Ounces; waſh them three or four Times in Water, and laſtly, in a Quart of Small-Beer: Bruiſe them, and put them in two Quarts of Red Cows Milk, and add dry'd Leaves of red Roſes, and of the Herbs, Roſemary, Marjoram, Baum, and Mint, all dry'd, of each one Handful: Put them in a Still, and let it run off upon a ſufficient Quantity of white Sugar-Candy.

This is an admirable Medicine in all Conſumptions; is of great Service in Vapours, and all uneaſy Irritations of the Nerves: The Doſe is three Ounces, Morning, Noon, and at Night.

2. *Aqua Aperitiva.* Opening Water.

Take of the common Liver-wort, one Handful; of the Leaves of Harts-Tongue and Oſmund-Royal, of each half a Handful: Boil

 them

them in a Pint of Spring Water to half, adding ſtoned Raiſins half a Pound, and Hartſhorn Shavings one Dram: Strain it, and keep it for Uſe.

This Water or (rather Decoction) taken every Morning, one Ounce to a Child under ten, and two or three Ounces, in a more advanced Age, and greater Strength, is extremely prevalent, in all hepatick Obſtructions, the Jaundice both yellow and black, and all ricketty Weakneſſes in Children.

3. *Aqua ad Calculum.* Water againſt the Stone.

Take *Malaga* Wine three Pints; of the Leaves of Rue and Sage, of each one Handful: Boil this 'till a Pint is conſum'd; preſs out the Decoction, and add Ginger half an Ounce, Nutmegs three Drams, and Long-Pepper one Ounce: Boil them again 'till the Spice falls to the Bottom. Then

Take Mithridate and *Venice*-Treacle, of each ſix Drams, diſſolve them in one Pint of Angelica-Water, and mix with the above Wine.

One Ounce of the above, every Morning, 'till the Symptoms abate, is of great Service in Stoppages of Urine, and the Gravel and Stone.

REMARKS.

The Sage and Rue muſt be ſtript from the Stalks, and the Wine not made to boil faſt, but rather ſimmer gently; the Ginger muſt be ſlic'd, and the Nutmeg and Pepper groſly pow-

der'd,

der'd, that the Virtues may the readier come out.

4. *Aqua Antichacochimia.* Water purifying the Blood.

Take red Sanders groſly powder'd two Drams, the beſt Senna half a Drachm, Sal Alkali, (Salt of Glaſs-wort) and Sal Prunel, of each half a Scruple; macerate for twelve Hours in half a Pint of ſtrong Lime-Water, and it will look like red Wine: Decant the Infuſion clear from the Dregs, and to half a Pint of this Infuſion, add one Ounce of *French* Brandy.

One Ounce of this Infuſion taken early in the Morning, will ſometimes purge gently, ſometimes ſweat, and ſometimes work off by Urine, according to the Inclinations of Nature, or the Matter to be carried off: But which way ſoever it worketh, it greatly purifieth the whole Maſs of Blood; and therefore is excellent in the Dropſy, Leproſy, Scurvy, and confirm'd Pox.

5. *Aqua Cephalica.* Water for the Head-Ach.

Take of the Herbs Hyſop, Roſemary, and Betony, of each ſix Handfuls; Spring Water two Quarts: Diſtil three Pints.

Its Title ſhews its Uſe: The Doſe is two Ounces Night and Morning.

6. *Aqua Coſmetica.* Beautifying-Water.

Take Lytharge of Silver two Ounces; the ſharpeſt Vinegar one Pint: Boil them together; then

Take Camphire, Borax, Allum, Oil of Tarter by the Bag, of each two Drams; Damaſk and red Roſe Water, of each one Pint: Boil all together, filter and mix with the Vinegar, and keep for Uſe well ſtopped.

This is a good and ſafe Coſmetic; and the Face waſh'd with it, will be ſoon cleanſed from all Freckles, Tans, Spots and Redneſs.

REMARKS.

If the above ſhould be too ſharp, it may be lower'd with a little Spring Water, and this ſhould be always remark'd; when any repelling Medicine is applied to the Skin, thoſe Humours driven back, ſhould be carried off by ſome diuretic Medicine, or diverted downwards by a gentle Purge.

7. *Aqua Coſmetica alter.* Another Beautifying-Water.

Take Spring Water one Pint; white Wine half a Pint; the Juice of two Lemons; Bean-flowers, Elder-flowers, each one Handful; white Lilly Roots, two Ounces; Roots of Marſh-mallows and Daiſies, each half an Ounce; of the Leaves of Fumitory and Silver-weed, each one Handful and a half; Camphire half a Drachm:

Drachm: Let all macerate for one Night, and next Morning ſqueeze out, and let it ſtand in the Sun ſix Days; then keep for Uſe.

Its Virtues and Uſe are the ſame as the other; only this being much ſofter, is more adapted to Chaps in the Skin, and Puſtules in the Face.

8. *Aqua Cordialis.* Cordial-Water.

Take of the beſt *French* Claret, one Pint; Black Cherry Water, a Quart; Leaves of Balm, and Cinnamon bruiſed, of each one Ounce; Nutmegs, two Drams: Macerate for a Day and a Night, and then diſtil; and to each Pint of the diſtill'd Water, add four Ounces of white Sugar-Candy.

This is a great Cordial, and a Glaſs of it will greatly revive in all Languors of the Spirits, Faintings, and that Sickneſs very common after Bleeding.

9. *Aqua Diuretica.* Water, provoking Urine.

Take Roots of Marſh-mallows, two Drachms; Liquorice-Root, half an Ounce; Elecampane-Roots, three Drams; Burnet-Leaves, one Handful; Raiſins and Prunes, each one Ounce: Boil all in a Quart of Rain Water.

Three Ounces of this Decoction, three or four times a Day, provokes Urine; and by lubricating the urinary Paſſages, may promote the Expulſion of ſome ſmall Stones that may hinder the free Diſcharge of the Water; but this

is too ſlight to be depended on in Caſes of Conſequence.

10. *Aqua Divina Noſtra.* Our divine Water.

Take an Ounce of ſublimate Mercury, and boil in a Sand Heat for half an Hour in a Glaſs Veſſel in half a Pint of Roſe-Water, four Ounces of Plantain-Water, and an Ounce of Citron-Water, and of Water of Sweet Navew; filter and keep for Uſe.

By waſhing the Part, this is greatly prevalent againſt all malignant Ulcers, Scabs and Itch; minding the Remark of the 6th Article.

REMARKS.

As the ſweet Navew Water is now ſeldom made, an Ounce of the ſtrong Decoction of the Herb will be as well.

11. *Aqua ad Fiſtulam.* Water for a Fiſtula.

Take of white Vitriol and Allum, each two Ounces; powder them and put them in a large Crucible on a ſtrong Fire: Let them calcine, and when cold, powder it again; then take a Quart of boiling Spring Water, into which, by little and little, caſt in one Ounce of the ſaid Powder, and when cold keep for Uſe.

This is an excellent Water for Fiſtulas and callous Ulcers, waſhing the Place, and laying on a Pledget of Lint wet and preſs'd out, with the Water.

12. *Aqua*

12. *Aqua ad Fiſtulam Alter.* Another Water for a Fiſtula.

Take Sal Armoniac, Roch Allom, White Vitriol, Camphire, and Succotrine Aloes, of each two Drams; Lime-water a Pint; let them boil for an Hour in a well-luted Earthen Veſſel not glazed, and when cold keep for Uſe.

This, beſides the Virtues of the above, is of great Service in Specks and Inflammations of the Eyes, but it muſt be a little diluted for the Eyes.

13. *Aqua Galli Rubri.* Water of a Red Cock.

Take of the Herbs Hyſſop, Wild Marjoram and Burnet, of each one Handful; Leaves of Roſemary half an Ounce, Raiſins of the Sun two Pound, Currants three Pound; cut the Herbs ſmall, and mix with the Fruit, and put half the Quantity in an Alembick; then

Take an old Red Cock alive, pluck him, cut him in half, and throw away the Guts; place him upon the Herbs in the Alembick; then ſtrew on the remaining Herbs, and pour in two Quarts of White Wine and one Quart of Water, and diſtil two Quarts, according to Art, upon two Pound of White Sugar.

The Water ſo diſtill'd is a wonderful Reſtorative, and conduces greatly to recruit a Waſte of the Solids, therefore cannot but be of great Uſe in Conſumptions, and a Waſting common in Hec-

tics, and is excellent after a Salivation — The Doſe is two Ounces twice a Day.

14. *Aqua Lactis Coagulatione.* Water againſt the Curdling of Milk.

Put ten Handfuls of Ladies Mantle (freſh gather'd with the Dew upon it) into a cold Still, and without any Water diſtil; then

Take one Pound of the above Water; Red, Yellow, and White Saunders, finely powder'd, of each one Ounce; let them macerate for three Days, and decant and keep for Uſe.

This is intended for the Curdling of Milk and Pains of the Breaſt in new-deliver'd Women; fomenting the Breaſt twice a Day, and taking inwardly four Ounces Night and Morning.

15. *Aqua Lithontriptica.* Water for the Stone.

Take of Hips full ripe one Pound, bruiſe them, and macerate in White Wine three Quarts, then diſtil; then

Take of the Seeds of Butter-bur, finely powder'd, one Dram; and give in four Ounces of the above Water Night and Morning.

This is very prevalent in the Stone, Strangury, and all Nephritic Caſes.

16. *Aqua Lithontriptica Alter.* Another Water for the Stone.

Take of the Fruits Black-Cherries, Wild Sloes, Hips, and Pomegranates, each half a Pound.

Pound. Of the Green Tops of Horſe-Radiſh one Handful, Nutmegs one Ounce; White Wine a ſufficient Quantity to cover the above; macerate for two Days, and then diſtil in a cold Alembick.

This is more powerful than the former, the Doſe is two Ounces twice a Day.

17. *Aqua Opthalmica.* Eye-Water.

Take of the Flowers of Red-Roſes, the Herbs, Teaſel, Veryain, and Ground-Pine, of each one Handful; burnt Vitriol one Dram: Diſtil in an Alembick and keep for Uſe.

This is for ſtrengthening the Eyes and ſharpening the Sight: Drop a little into the Eye often.

18. *Aqua Opthalmica Alter.* Another Eye-Water.

Take of the Leaves of Ground-Pine, Celendine, and Daiſies, of each equal Parts, bruiſe and preſs out the Juice, to which add an equal Quantity of Roſe-Water, and a little White Sugar-Candy.

This is a good Remedy in inflamed Eyes; or where Spots and Film are beginning to obſtruct the Sight.

19. *Aqua Opthalmica* Draytoni. Eye-Water of Dr. *Drayton.*

Take Succotrine, Aloes, Prepar'd Tutty, and white Sugar Candy, of each one Ounce; Cam-

Camphire half an Ounce, powder them all; macerate the Tutty in Breaſt-Milk for three Hours, then throw away the Milk and put on more for three Hours longer, this repeat four times; then to the Tutty add the other Things, then pour on Roſe-Water one Pint, Canary a Quart, mix exactly, and put into a Glaſs well cover'd in the Sun for four Days, ſhaking often every Day, then keep well ſtopt for Uſe.

This is good to be dropt frequently into rheumy Eyes; and thoſe whoſe Eyes are gummed up may open them with this Water: It is likewiſe good in Inflammations and Specks, and preſerveth the Sight from Decay in antient People.

20 *Aqua Phagedenica Noſtra.* Our Phagedenic Water.

Take Sublimate Mercury half a Dram, Sal Alkali one Dram, diſſolve them in an Iron Mortar, with a Pint of Lime-Water, ſtirring it about till it looks like Blood.

With this waſh callous and malignant Ulcers.

REMARKS.

This differs from the Phagedenic Water of the College, only in the Addition of the Sal Alkali, which gives it another Colour, and therefore renders it leſs liable to be known than the common, and is uſeful where in an old Ulcer the Patient by knowing the yellow Water

ter will not ſuffer it to be apply'd, is pleaſingly cheated into a uſeful Application, which had he known, he would not have ſubmitted to; beſides this is leſs painful in its Operation.

21. *Aqua Sarcotica.* Sarcotick Water.

Take Vitriol half a Pound, Camphire two Ounces, melt them in a Crucible; add Bole Armoniac two Ounces, then

Take of this Powder an Ounce and a half, Spring Water a Quart, mix and keep for Uſe.

This is an excellent Medicine, cleanſing all foul Ulcers, and diſpoſing them to heal, in the Itch, and all cutaneous Eruptions, it is both ſafe and efficacious. The Teeth and Gums frequently rubb'd with this are certainly kept clean and freed from the Scurvy: And all Inflammations, eſpecially thoſe of the Eyes and Defluxions of Rheum, will receive great Benefit from this Medicine.

REMARKS.

This little differs from the Aqua Camphorata of Bates; here the Vitriol is encreaſed to double the Quantity, as is the Camphire, and the Bole leſſen'd as much. It is to be noted in the Uſe, that to Ulcers it muſt be a little warmed; if uſed to the Teeth, tye a Rag on a Scuer and dip it in the Water, and then rub the Teeth, taking Care to waſh the Mouth with a little Water pretty often; and for the Eyes, if it is too ſharp, it may be lower'd with

Spring-

Spring-Water. In the Itch, pour a little into the Hollow of the Hand, and therewith rub wherever any Eruptions appear, and this with the Help of a little Phyſick will infallibly cure without any naſty Ointment. I much queſtion if that Chymical Liquor (as it is call'd) ſo much ſold of late can be more ſerviceable, I am pretty certain it is leſs ſafe, tho' exceſſively dearer.

22. *Aqua Stephani Noſtra.* Our Doctor *Stephens*'s Water.

Take of Cinnamon, Ginger, Nutmegs, Cloves, Mace, Aniſe and Caraway Seeds, of each one Dram: Of the Leaves of Thyme, Mint, Sage, Roſemary, Red Roſes, Chamomile, Lavender and Pellitory of Wall, of each one Handful. Let theſe bruiſed and cut macerate ſeven Days in two Gallons of Red Wine, in a Matraſs in a Sand-Heat, then diſtil in an Alembick.

This is a great Cordial, it ſtrengtheneth the Brain, is good in all Faintings, Sinkings of the Spirits, Palſies and Convulſions, helpeth Digeſtion, killeth Worms, helps a weak Stomach, is good in the Stone and Gravel, and of great Service join'd to other Remedies in the Dropſy.

REMARKS.

Here is a great Difference between this and the College, by the Addition of a Herb and a Spice,

Spice, and the Omiſſion of three Herbs, a Root and two Seeds. The Reaſons I take to be as follows: Firſt the Origany *(i. e.* Wild Marjoram) can anſwer no End but as an Hyſteric, which it is manifeſt our Author did not deſign this for; beſides its Taſte is ſo predominant and ſo extremely hot, as to hinder the taking ſo large a Doſe, as is otherwiſe requiſite; for the ſame Reaſons alſo is the Pennyroyal left out, and the Mother of Thyme.

23. *Balſamum Artificiale.* Artificial Balſam.

Take of the beſt Olive Oil one Pint, Venice Turpentine four Ounces, Hog's Lard and yellow Wax of each half a Pound; Deer's Suet two Ounces, Liquid Storax ſix Ounces, Oil of St. *John*'s Wort three Ounces, Natural Balſam, *(i. e* of *Gilead)* half an Ounce, Powder of Prepar'd Earth-Worms, Red Sanders, Mummy, and Dragon's-Blood, of each two Drams; of the Herbs Roſemary, Bay, Marjoram, Vervain and Burnet, each one Handful; Roſe-Water and Plantain-Water each two Ounces; make into a Balſam according to Art.

REMARKS.

The Words, " according to Art " imply a great deal, ſo much, that none but thoſe that are of the Buſineſs can tell how to prepare ſo perplext a Medicine; and as I deſign this Book greatly for Family Uſe, I will for the Sake of unlearned Readers, that they, through Ignorance

of

of the Preparation may not be depriv'd of ſo excellent a Remedy give Directions how this is to be done.

Firſt take a new glazed Veſſel, in which put the Red Sanders, the Mummy, Dragon's-Blood and Wax, and let it boil ſoftly over a gentle Fire.

Then in another Pipkin put the Oils, the Suet, Lard, Liquid Storax and Turpentine, and the Herbs cut ſmall, boil them moderately and preſs out the Liquid, which mix well with the other melting in the firſt Pipkin, let them juſt ſimmer, and add the Balm of *Gilead*, then take it from the Fire and keep it for Uſe.

This Balſam ſpread on Lint is excellent in Wounds and Ulcers, and by anointing the Part is very ſerviceable in Pains ariſing from Colds, Weakneſs and Contractions of the Nerves, Gout in the Feet, Cramps and Convulſions, and likewiſe is very prevalent in the Itch and ſpreading Sores.

24. *Balſam Artificiale Alter.* Another Artificial Balſam.

Take Centaury, Betony, St. *John*'s Wort and Self-Heal, each with their Flowers, one Handful, put in a Glaſs-Veſſel, with as much Olive-Oil as will cover them, lute on a Cover, and macerate in the Sun for a whole Summer, till it looks like Claret, then keep for Uſe.

In all Inflammations and Head-achs, by anointing the Back and Crown of the Head; it

is of great Service alſo in the Itch, Piles and Scabs, rubbing the diſeas'd Part; and one Dram for a Doſe given in a proper Vehicle, and repeated as Occaſion ſerves is excellent in continual Fevers.

25. *Balſamum* Lucatelli *Noſt.* Our *Lucatellus's* Balſam.

Take of the Herbs Carduus Benedictus, Valerian, and the Leſſer Sage, (*i. e.* Sage of Virtue) all with their Flowers, of each four Ounces; of the Leaves and Flowers of St. *John's* Wort half a Pound: Cut the Herbs ſmall, and macerate a Day and a Night in a Quart of the beſt White Wine, and three Pints of Oil Olive, then boil gently over a ſlow Fire (continually ſtirring it) till the Wine is conſum'd, then preſs out and add Venice Turpentine one Pound and a half, let them boil moderately for half an Hour, and towards the End, add finely powder'd Olibanum four Ounces; Choice Myrrh three Ounces, and Dragon's-Blood one Ounce, boil all to the Diſſolution of the Gums; place all in a fit Veſſel, and let it macerate in the Sun for twenty Days; then put up and keep for Uſe; and thus made it will keep good for above thirty Years.

REMARKS.

This is greatly different from the College, by the Addition of the Herbs, the Omiſſion of the Wax, and ſubſtituting the Dragon's Blood for

for the Sanders, as the *Edinburgh* and *Bates's* Diſpenſatory have done. Mr. *Quincy* very juſtly obſerves, that the Sanders can anſwer no Intention, either as a Vulnerary or Balſamic; for which Reaſon it is rejected by all thoſe who have mentioned it as an external Application. The Myrrh and Olibanum are very advantageous Additions, and muſt greatly add to the Warmth of the Medicine: If it is made as above, its Virtues are as follows:

This is a good Medicine in all Wounds and Ulcers, as well internal as external, and will draw extraneous Bodies out of Wounds: It is alſo good in Burns and Contuſions, and will give Eaſe in the Pains of the Head, Gout in the Feet, Pleuriſy and Cholick, by anointing the Part. If two Drams be taken every Morning for a Fortnight it will expel Poiſon, and by its Unctuoſity will cloath and ſatisfy the Coat of the Stomach againſt the acute Points of the Poiſon, which ſo blunted, will not act with that deadly Force. In Surfeits take two Drams in a Gill of Canary: It is of great Service in Ulcers of the Lungs which it lenifies and cures; in Aſthmas and inveterate Coughs it is uſeful, and hinders the Effect of peſtilential Air, anointing the Lips and Noſtrils, and may very conveniently be joined with Dr. *Mead's* Powder in the Cure of the Bite of a mad Dog: It is good in Fiſtulas, killeth Worms, is a ſafe Application in Cancers, and an efficacious Medicament in the Small-Pox and Meaſles, two Drams given

given in warm Broth every Morning for the firſt four Days, helping Nature to throw off its Enemy, and thereby ſecuring the Heart and caſting the Venom to the extreme Parts: It ſtrengthens Digeſtion by anointing the Stomach nightly, and is an excellent Remedy in Bloody-Fluxes.

26. *Balſamum Traumaticum.* A Vulnerary Balſam.

Take of the Herbs Betony, Centaury the Leſs, and the greater Comfrey, with Melilot Flowers, each one Handful; St. John's-Wort, two Handfuls: Cut theſe into a Pint of Oil of Olives, and let them macerate in the Sun a whole Year; then add Gum-Elemi and Dragon's-Blood, each half an Ounce, and keep for Uſe.

REMARKS.

This is very like the artificial Balſam above, and is a tedious Preparation; but it will be quite as well if it is put for about a Month in a Sand Heat, often ſhaking it; and when it acquires a rubricund Colour, add the Gums: Digeſt about a Week longer in the ſame degree of Heat, and keep well ſtopt for Uſe; the older the better.

This is chiefly deſigned for Wounds, Ulcers, and Inflammations.

27. *Balſamum Traumaticum Secundum.* The ſecond Vulnerary Balſam.

Take of the Leaves of Sage and Rue each half an Ounce; Bay and Wormwood, each three Drams: Beat them well with a Pound and half of Mutton Suet, and mix with a Quart of the beſt Sweet Oil: Put it in a new well-glaz'd Pipkin, and ſhut it up, putting it in a Chimney-Corner for ten Days; then boil it gently; towards the End add an Ounce of Oil of Spike, and ſtirring it well, take from the Fire and pour off clear.

This is to be dropt into the Ears againſt Pain, Tingling, and Deafneſs, to anoint the Back-bone againſt the Stone, and to be uſed againſt all Bruiſes, Pains, Tumors, Scabs, Whitloes, Burns, and St. Anthony's-Fire.

REMARKS.

This muſt never be uſed to ſcabbed or ſcald Heads of Children. It is beſt made in *May*, and will keep good many Years.

28. *Balneum Hydropicum.* A Bath for the Dropſy.

Take ſeven freſh kill'd Sheep's-Heads, cut them very ſmall, and take away the Tongues and Brains; a Leg of Beef, and four Calves-Feet; chop the Bones and Meat very ſmall, and boil them with a Pound of Hartſhorn Shavings, in ten Gallons of

of River Water. When it has boil'd ſome Time, bruiſe and put in Fennel, and Coriander Seeds, each half an Ounce; and cut in the following Herbs, Tops of Mallows ten Handfuls, Sage, Balm, Thyme, Wormwood, Tanſey, Southernwood, Fennel, Chamomile, Coſtmary, Lavender, Clary, and Wood-Sorrel, each two Handfuls, and Groundſel one Handful: Cover the Copper and boil ſix Hours, ſkimming off the Fat; then pour out into a Tub for Uſe.

Beſide being excellent in the Dropſy, this is good in Conſumptions, Waſtings of the Body, Gout, Rickets, Scurvy, Aſthma, and Evil; and ſtrengthens paralytic and enervated Limbs.

REMARKS.

The Bath muſt be uſed as hot as can be borne, and the Patient muſt ſit in it naked 'till it grows cool; then get out and go into a warm Bed for about an Hour; this repeat every Day, heating the ſame Bath, which will ſerve a long while.

29. *Bolus Aſtringens.* An Aſtringent Bolus.

Take Bole-Armoniac half a Dram, Powder of Maiden-hair three Drams, Nutmegs two Drams, Powder of Cloves two Scruples, with red Wine enough to make a Bolus for one Doſe.

This yields to none in the Gonorrhea, Whites, and too much flowing of Womens natural Diſcharges.

30. *Bolus in Diarrhea.* A Bolus for a Flux.

Take Flower of Brimſtone one Dram, mix it with the Yolk of one Egg in a ſmall earthen Pipkin, and put it over the Fire 'till it is warm, then take it.

For a Flux or Bloody-Flux, repeat every ſix Hours 'till it ceaſes.

This is as prevalent in the Piles, as in Fluxes.

31. *Cataplaſma Anodyna.* An Anodyne Poultis.

Take new Milk a Quart, Leaves of Mallow, Wormwood, and Chickweed, each one Handful: Boil all together, and maſh the Herbs in a Marble Mortar, adding a little Hog's-Lard and Bean-Flour, enough to make a Poultis, to be renewed every eight Hours.

This is good for Swellings of the Breaſt.

32. *Cataplaſma Antifebrile.* A Poultis againſt Fevers.

Take Venice-Treacle an Ounce, Oil of Myrrh eight Drops, Oil of Amber ſix Drops; mix well and apply to the Wriſts before the Fit.

For Tertian and Quartan Agues.

33. *Cataplaſma Antifebrile Alter.* Another Fever-Poultis.

Take two Orange-Peals, Wood-Soot an Ounce, a little Salt, and two Scruples of Pepper: Beat well together, and apply to the Wriſt.

This is an admirable Medicine in Tertian Agues.

34. *Cataplaſma Antipeſtile.* An Antipeſtilential Poultis.

Take Hog's-Lard half a Pound; Chamomile and Wormwood, each a Handful: Bruiſe them together, and boil 'till it is very thick, and add Saffron in Powder two Scruples, ſpread on a Cloth, and apply warm.

This is good to apply to Carbuncles and Plague-Sores, to draw out the Infections.

35. *Cataplaſma Diſcutientia.* A Diſperſing Poultis.

Take New Milk a Quart, red Roſe Leaves a Handful, boil to a Thickneſs, add an Ounce of cold-drawn Linſeed-Oil, and apply warm.

This is for indurated Tumours, and for curdled Milk, which it either diſperſes or brings to a Head.

36. *Cataplaſma Opthalmica.* A Poultis for inflam'd Eyes.

Take Linſeed and Fleaſeed, of each half an Ounce; make a Mucilage, which thicken to a Poultis with the Crumb of a white Loaf, and apply to the Eyes warm every eight Hours.

This is excellent and ſafe in Defluxions of Rheum and inflam'd Eyes.

37. *Alter.* Another.

Take Spirit of Wine and Roſe-Water, each one Ounce, and apply to the Eyes on a four-doubled Rag.

This is rather a Collyrium than a Poultis, and may be uſed for the ſame as above.

38. *Cataplaſma Paronichiale.* A Poultis for a Whitloe.

Take Sage cut ſmall one Handful, and boil it for half an Hour in a Pint of Ale; then add Bran or Wheat Flour two Handfuls, and with a little Hog's-Lard, boil it to the Thickneſs of a Poutis, and apply twice a Day 'till the Whitloe is ripe.

Its Title ſhows its Virtues, which are for ripening Whitloes and malignant Tumours.

39. *Ca-*

39. *Cataplaſma Stomachica.* A Poultis for the Stomach.

Take Hog's-Lard four Ounces, Chamomile and Wormwood each half a Handful; boil to a Thickneſs, and Saffron powdered one Dram, and ſpreading upon a Linnen Cloth double, and apply to the Stomach.

This is deſigned for Pains of the Stomach.

40. *Cereviſia Antihydropica.* An Ale for the Dropſy.

Take of the Herbs, Agrimony, Smallage, Brooklime, red Sage and Succory, each one Handful: Ginger raſped, Aniſe and Sweet Fennel Seed bruiſed, each two Ounces; Freſh Orange Peels five Ounces: Put all in a Flannel Bag, and let it boil in ſix Gallons of new Ale not hopp'd, and after ſufficient working, Tun it up for Uſe.

This muſt be drank for ſome Time the Quantity of a Quart a Day, and is admirable in Flatulencies of the Belly, and all hydropic Affections.

41. *Cereviſia Opthalmica.* Ale for the Eyes.

Take live Hog-lice twenty, Betony Leaves a Handful: Beat them together, and boil in a Quart of ſtrong Ale, and ſtrain off.

This muſt be taken the Quantity of four Ounces Morning and Evening for the Space of nine Days, and if thus continued, this wonderfully clears the Sight, and cures even Blindneſs, if not ariſing from an ill Diſpoſition or Decay of the Optick Nerve.

42. *Collyrium Opthalmicum.* An Eye-Water.

Take the White of one Egg and beat up with the Juice of Celendine, Maiden-hair and Ground Pine, each equal Parts to the Conſiſtence of an Oil.

This is very good to cool and drive back ſharp Rheums, and will clear the Eye of Films and Specks if uſed in their Beginning.

43. *Decoctum Antiſcorbuticum,* Decoction for the Scurvy.

Take white Wine a Quart, Scurvy-graſs and Horſe-Radiſh Root, each half an Ounce, Long Pepper five Grains, Cinnamon a Dram, one Lemon, (Rind and all.) Let them boil in a Bath Heat.

Half an Ounce of this taken Morning and Night, and continued for ſome Days, will ſcarce ever fail being of great Service in all ſcorbutic Diſorders and likewiſe in Dropſies.

This I greatly recommend to Perſons come off of a long Voyage, to carry off the bad Effects of a Continuation of Salt Diet.

44. *Decoctum Antivenereum.* A Decoction againſt the French-Pox.

Take of the Chips of Lignum Vitæ four Ounces, Shavings of Saſſafras half an Ounce, Sarſaparilla two Ounces; boil in a Gallon and half of Spring Water to the Conſumption of two Quarts; then add Liquorice-Root one Ounce, Coriander and Sweet Fennel Seed, each an Ounce and a half, Raiſins of the Sun ſton'd a Quarter of a Pound, China Root one Ounce: Boil all again, and when taken from the Fire, add half an Ounce of Sal-Prunel.

This muſt be drank half a Pint twice a Day in the intermediate Days of purging, for the Venereal Diſeaſe (See the *Pill Antivenerealis*) This is alſo of excellent Uſe in the Scurvy, as it greatly purifieth the Blood, and will be of great Service in Dropſies.

REMARKS.

The Sarſaparilla cannot add any thing to the Virtues of this Decoction; therefore in its Stead I would adviſe the Addition of an Ounce more of the China Roots.

45. *Decoctum ad Colicam.* A Decoction for the Cholick.

Take freſh Leeks a Handful, Caſtile Soap a Dram, Dates and Pomegranates each two; beat

beat well and boil in a Pint of Muſcadine Wine, and drink it when in Bed well covered to ſweat.

This gives Eaſe in the moſt racking Pains of the Cholick and moſt terrible Fits of the Stone.

46. *Decoctum Opthalmicum.* A Decoction for the Eyes.

Take live Hog-lice and Betony each one Handful; bruiſe them with two Ounces of the beſt Honey, and boil in a Quart of new unhopp'd Beer 'till half is conſum'd, then preſs out the Decoction.

The Doſe is four Ounces Morning and Evening, and it ſharpeneth the Sight and clears Obſtructions of the Optick Nerves.

47. *Electuarium Analepticum.* A Reſtorative Electuary.

Take the Pith of an Ox's Back-bone, boil and clear'd from the Skins and Films four Ounces, Pulp of Prunes five Ounces, Cinnamon powder'd one Ounce, Malaga Wine a Pint: Boil all to the Conſiſtence of an Electuary.

This taken twice a Day is a wonderful Medicine in Conſumptions and Weakneſſes of the Back, ariſing from what Cauſe ſoever, and is a very proper Medicine after a Hectic Fever or a Gonorrhea.

48. *Electu-*

48. *Electuarium Aſthmaticum.* An Aſthmatic Electuary.

Take Conſerve of red Roſes one Ounce, Gum maſtick in Powder one Dram, Gum Olibanum powder'd half a Dram, Balſam of Tolu ſix Grains: Mix for two Doſes, one in the Morning and one at Night.

This will do great Service in Aſthmas and inveterate Coughs, and will not lay open the Patient to thoſe Inconveniences of taking Cold as oily Medicines frequently do.

49. *Electuarium ad Gonorrheam.* An Electuary againſt a Gonorrhea.

Take Troches of Winter Cherries, Cream of Tartar, Parſley Seed and *Agnus Caſtus* Seed (*i. e.* the Chaſt-Tree) each two Drams, Senna in Powder ſix Drams, Powder of Rhubarb half an Ounce, Scammony two Drams, Venice Turpentine two Ounces, Oil of Juniper a Dram, Lenitive Electuary half a Pound: Mix and make an Electuary.

Its Name ſhews its Virtues; the Doſe is a Dram Morning and Evening.

REMARKS.

This is one of the moſt excellent and efficacious Medicines in Nature; and I dare pronounce there is not any Venereal Taint of the firſt

firſt Infection but what this Electuary will maſter, with the Help of the *Tinctura Guaici Diaphoret.* (No. 135) purging off the Virulence firſt with *Pil Antivenerealis,* (No. 86) thus theſe three Medicines, in the Hands of one of the leaſt Knowledge of the Nature of the Diſeaſe, will be an ineſtimable Treaſure, as I doubt not but every one will find.

Beſides the above Uſe, it is greatly prevalent in the Whites in Women, or in that ſimple Gonorrhea common in new-married Men.

50. *Elixir Salutis Noſt.* Elixir of Health, or our *Daffy*'s Elixir.

Take choice Senna Leaves pickt from the Stalks three Ounces; the beſt Rhubarb, Elecampane Root, Guaiacum Chips, Liquorice Root, Aniſe Seeds, Sweet Fennel Seeds and Coriander Seeds, each one Ounce; Raiſins of the Sun half a Pound; bruiſe the Seeds, ſlice the Roots, and put them in a Matraſs, with three Pints of Double-diſtill'd Aniſe-ſeed-Water. Lute and digeſt for eight Days, ſhaking the Glaſs five or ſix times a Day, and preſs out, and add Saffron and Cochineal each two Drams.

REMARKS.

This is widely different from the College Recipe, that being little other than an Anticholic, whereas this is a noble Purge; here is an Ad-

Addition of the Rhubarb, a ſubſtituting of the Sweet Fennel in the Room of the Caraway Seeds, and encreaſing the Quantity of the Senna, and changing the *French* Brandy for Aniſeed Water. The Doſe of the other was too large for thoſe to take as a Purge that are not uſed to Spirituous Liquors; but this by the Addition of the Purgative Ingredients, has leſſen'd the Doſe, which is now an Ounce early in the Morning.

Its Uſe is for Crudities of the Stomach, Yellow Jaundice, and all Obſtructions. It moderately purgeth and ſtrengthens the Bowels and Digeſtive Faculty.

51. *Elixir Stomachicum.* A Stomachic Elixir.

Take of *Engliſh* Saffron one Dram, Spirit of Wine half a Pint, digeſt for five days; filter the Tincture, and add Double-refin'd Sugar, and Red Roſe-Water, each four Ounces.

The Doſe is half an Ounce Morning and Night, to remove any Obſtruction, ſtrengthen the Stomach, and encreaſe Appetite.

52. *Emplaſtrum Corroberativum.* A Strengthening-Plaiſter.

Take *Caſtile* Soap ſeven Ounces, Red-Lead and Ceruſs each one Pound; Olive-Oyl one Pint: Let all incorporate exactly in a new Earthen Veſſel, on a ſlow Fire, continually ſtir-

ſtirring, for the Space of an Hour; then increaſe the Fire, till the Plaiſter grows of a livid Colour, and make up according to Art.

Remarks.

It is to be minded in making of Plaiſters, that where Litharge, Red or White Lead, or ſuch like be ordered, ſome Water is neceſſary to be added to keep them from burning. But if the Water ſhould be waſted before a due Conſiſtence ſhould be obtain'd, which may be known by its ceaſing to bubble, that Waſte muſt be ſupplied with boiling hot Water; for if any be put in cold, its ſudden Rarefaction will ſwell the Gluey Matter out of the Veſſel, and throw it about with Force enough to do a great deal of Miſchief.

A Plaiſter is known to be boil'd enough, when a little dropped on a Tile ceaſes to ſtick to wet Fingers.

If this Plaiſter be applied to the Stomach it eaſes Pain, and procures a good Appetite; if placed on the Belly it relieves the Cholick; on the Loins, it helps the Bloody Flux, mitigates the Pains of the Stone, is good in Gonorrhea's and Weakneſſes of the Loins, and hath a diſperſing Power in Whitloes and all Tumors; is prevalent in the Piles, and if apply'd to the Joints of the Neck helps Head-Achs, Madneſs, Inflammations of the Eyes, pro-

provokes the Female Diſcharges, and facilitates Conception.

53. *Emplaſtrum ad Lumbricos.* A Worm-Plaiſter.

Take Bull's Gall half a Pint, Cummin-Seed bruis'd, Leaves of Arſe-ſmart each half a Handful, Roman Wormwood a like Quantity, boil together on a ſlow Fire, to a Thickneſs, which ſpread on Leather, and apply to the Regions of the Navel.

This Plaiſter (or rather Cataplaſm) is an approved Cure for Worms.

54. *Emplaſtrum Iſchiaticum.* A Plaiſter for the Sciatica.

Take Frankincenſe, Yellow Wax and Thick Turpentine, of each half an Ounce; Ship-Pitch and Roſin of the Pine, of each two Drams, melt all moderately together, ſtirring it well.

This while warm muſt be ſpread with a Wooden Spatula upon Leather, and applied to the aggrieved Part, as an excellent Remedy to eaſe the Pains of the Hip and Foot-Gout.

55. *Emplaſtrum Poriginoſum.* A Plaiſter for Breakings out in the Head.

Take Ship-Pitch an Ounce, Roſin and Turpentine

pentine and Hog's Lard each two Ounces, make an Emplaſter.

Having cut the Hair cloſe, apply this Plaiſter for nine Days, and then rub the Places with the *Unguentum Poriginoſum.* (No. 151).

You muſt add a little more Lard, that being ſcarcely enough.

56. *Emplaſtrum ad Ulcera.* A Plaiſter for Ulcers.

Take of the Herbs Baum, Rue, Wormwood, Sage, Plantain, Valerian, Chamomile, the Greater Comfrey, Bugloſs and Woodbine, each one Handful, bruiſe them, and add *May* Butter half a Pound, Hogs-Lard two Ounces, boil together till the Herbs are criſp and the Liquor green; then preſs out, and add Roſin a Pound, Verdegreſe half a Pound, then boil for a Quarter of an Hour, and make a Plaiſter.

This is for old obſtinate Ulcers and Wounds, and to haſten the Exfoliation of Bones.

57. *Extractum Emeticum* Glauberi. *Glauber's* Vomiting Extract.

Take Flowers of Antimony one Ounce, purified Tartar two Ounces, Sugar-Candy ſix Ounces, Rain Water a Quart, mix all together and put them in a Bath Heat, in a proper Glaſs Veſſel, well cloſed, for ten or twelve Days, and when

when the Bath grows Cold, filter the Decoction, which will be of a ſweetiſh Sour and of red Colour; then extract all the Humidity of the above Water in a Gourd Glaſs with a ſlow Fire to the Conſiſtence of Honey of a brown Colour.

Then upon this Extract pour a Pint of Spirits of Wine, and digeſt as above for one Day. Decant the clear Liquor from the Dregs and filter, which red filter'd Liquor again evaporate to an Extract.

The Doſe is from one to ten or twenty Grains, according to the Age and Strength of the Patient. It is a very gentle Vomit, and may be given to Infants in Wine, or any other proper Vehicle; it begins to operate within half an Hour after the taking, and ceaſes in leſs than two Hours, and ſometimes operates by Stool; this eradicates all noxious Humours, and opens all Obſtructions whatſoever.

58. *Extractum Diaphoreticum* Glauberi. *Glauber's* Sweating Extract.

Take Saſſafras and Sarſaparilla, of each ſix Ounces, Ginger, Zedoary, and Galangal Roots, of each three Ounces, Long-Pepper, Cubebs and the Leſſer Cardamom Seeds, each one Ounce, Mace and Cinnamon, each half an Ounce, Engliſh Saffron, Nutmegs and Cloves, each one Dram; powder the Spices and raſp the Woods and Roots, and put them in a Ma-

traſs and cover them with Spirits of Wine, and extract a Tincture, of which make an Extract in the Manner of the foregoing.

The Doſe is from one Scruple to one Dram, in a proper Vehicle, to be given in the Plague, French-Pox, Scurvy and malignant Fevers; and repeat at Diſcretion.

59. *Extractum Diureticum* Glauberi. *Glauber's* Diuretic Extract.

Take of the Seed of Saxifrage, Carraways, Fennel, Parſley and Nettles, of each three Ounces; Roots of Liquorice and Butter-burr, of each one Ounce; powder all the Seeds, and ſlice the Roots; and with Spirit of Juniper, make an Extract as above; to which Extract when finiſhed, add Volatile Salt of Amber, and Salt of Soot, of each half a Dram, and pure Nitre a Dram.

This is an excellent Medicine in the Stone, Gravel and Stoppage of the Urine; the Doſe from one Scruple to one Dram in Parſley Water.

60. *Extractum Opiatum* Glauberi. *Glauber's* Opiate.

Take Choice Opium three Ounces, Spirit of Salt two Ounces, putrified Tartar one Ounce, let them macerate together in a Glaſs Veſſel, in a Sand Heat for one Day, then add Spirit

Spirit of Wine eight Ounces, and draw out a Tincture; pour off the Tincture and add more Spirit to the Dregs; and ſo proceed till the Dregs will give no more Colour: Join the Tinctures and add Saffron two Drams, Oyl of Cloves one Dram, and make an Extract as above.

The Doſe is from one to five Grains, is an excellent Anodyne, and admirably provokes Sweat, and if the eighth Part of a Grain be given to a new born Child in a little Breaſt-milk, will prevent all Fits and Convulſions.

61. *Extractum Purgans* Glauberi. *Glauber's* Purging Extract.

Take dryed White Hellebore Root a Pound, Mechoacan and Jallop Root, each four Ounces, Cinnamon, Anniſeeds and Fennel Seeds, each one Ounce, Engliſh Saffron, a Dram, powder all theſe and digeſt in Spirits of Wine to a ſtrong Tincture; and proceed with freſh Spirit as above, then unite all the Tinctures, and draw off the Spirit in a Glaſs Alembick in a Sand Heat, till the Remains is of the Thickneſs of Honey, and of a brown Colour, which keep for Uſe.

Give from three to twenty Grains of this Extract, with a little White Sugar to correct it, according to Age or Strength of the Patient, and it is a moderate ſafe and pleaſant Purge.

If Pills are more agreeable to the Patient; then while the Extract is yet warm add, Succotrine Aloes finely powder'd one Ounce; Scammony prepar'd half an Ounce; and then the Doſe is from ſix Grains to a Scruple.

Remarks *on theſe* Five Extracts.

Theſe Extracts originally from *Glauber*, are truely Chymical Preparations; and the Troubleſomeneſs of the Proceſſes makes them altogether unfit for Family Uſe; and it is only that I would do the Part of a faithful Tranſlator, that I have inſerted them here; as for their Virtues, they are well worth the while being made for any one's private Practice, eſpecially the Sweating Extract, and the Opiate, both which are admirably contrived to anſwer their Intentions; the Woods, Roots and Spices, in the former being well choſe, and much ſafer than Antimonial or Mercurial Sweats, and the Opium in the latter, is ſo well guarded by the Tartar and Spirit of Salt, as to be not ſo liable to cauſe a Delirium, as the Crude Opium itſelf frequently does in ſeveral Conſtitutions; as for the others, I muſt think while Ipecacuanha is in the World, there will be little Occaſion for the Emetic Extracts, except indeed in the firſt Stages of a Dropſy or Jaundice, and alſo in Hypochondriacal Melancholy, where it requires a rough Vomit to break Coheſions, rouſe the Spirits, and promote a briſker Circulation

of

of the Fluids; and there only the Emetick Extract is of Service: As for the Diuretic many other neater, eaſier, and more efficacious Medicines are in this Book, for which ſee the Index, as alſo for Purges.

62. *Gargariſma pro Cancro Oris.* A Gargle for a Cancerous Mouth.

Take Leaves of Woodbine, the Leſſer Garden Coſtmary, Houſleek, Cinquefoil, tender Tops of young Bramble, Nettles, Roſemary, Rue, Fennel, and Sorrel, of each an equal Quantity: Bruiſe them, and preſs out the Juice, which Juice put in a proper Pan well glazed, with an equal Quantity of Vinegar: Boil them together the Space of a Quarter of an Hour; then to every half Pint of this Decoction add half an Ounce of Roch Allum, half a Dram of Ginger finely powder'd, and two Ounces of the beſt Honey; then boil it again, and ſtrain off for Uſe.

This is a noble Medicine for the Cancer, or Scurvy in the Mouth, or ulcerated Mouth: This muſt be uſed a little warm.

63. *Alter.* Another.

Take Leaves of Cinquefoil, Strawberries, Daiſies, Bramble and Violets, each half a Handful; Sage and Woodbine, each one Pugil: Boil them in two Quarts of Spring

Water to half; and to the ſtrain'd Liquor, while hot, add Allum half an Ounce, and Honey two Ounces.

The Virtue and Uſe of this is the ſame as the foregoing, only with this Addition, that this is the propereſt to cleanſe the Mouth after a Salivation.

64. *Gargariſma Abſterſive.* An abſterſive Gargle.

Take White Wine half a Pint, Water of Dragons two Ounces, Honey one Ounce, Allum two Drams, Tops of Roſemary, Leaves of Sage and Woodbine, each half a Handful: Boil them together, and keep the Liquor for Uſe.

This is very good in Quinſies, and Inflammations of the Tonſils.

REMARKS.

As the Dragon Water is ſeldom to be had at the Shops, an Ounce of the expreſs'd Juice of the Green Herb will do as well, or in Defect of that, three Ounces of Plague Water.

65. *Gargariſma Antiſcorbutica.* A Gargle for the Scurvy.

Take Origanum, Sage, and Succory, Leaves of Bramble and Honeyſuckles, each half a Handful: Boil them in a Quart of Spring Water,

Water, 'till half is conſum'd, then add Allum a Dram, and Honey two Ounces.

This little differs from the above.

66. *Gargariſma Synanchicum.* A Gargle for a Quincy.

Take Leaves of Honeyſuckles, Hyſſop, Thyme and Sage, each one Handful; tops of Roſemary one Pugil; make a Decoction in two Quarts of Spring Water, to the Conſumption of a Pint; then add Allum a Dram, and Honey one Ounce; then waſh the Mouth.

This too is like the former.

Take Notice that the Sage to be uſed in theſe Gargles, is the Red Garden Sage.

67. *Gelatinus Analepticus.* A Reſtorative Jelly.

Take two fleſhy Capons, take away the Skin and Fat, cut them in Halves, and beat them well; then

Take Knot-graſs one Handful; Comfrey with its Roots, cut very ſmall, two Handfuls; Silver Weed, Hartſhorn Shavings, each one Pugil; Maiden-Hair and Sage, each half a Handful; powder'd Cinnamon a Dram; Raiſins of the Sun ſtoned, a Pound: Mix all, and lay them Layer upon Layer, with the Fowls in a proper well glazed Pan; pour in a Quart of Spring Water, cover very cloſe that no Steam comes out, and let them boil gently

over a ſlow Fire for the Space of twelve Hours; then preſs out, and keep for Uſe.

The Doſe of this is a quarter of a Pint with a little Sugar, Night and Morning; and is excellent to be taken for a Continuance, to recruit a great Waſte of Solids in a Conſumption, or a ſimple Gonorrhea; it is a very good thickening Medecine in the white Flux in Women, with other proper Balſamics.

REMARKS.

All the Herbs to be uſed in this Jelly, are to be the dried Herbs, and not freſh gather'd; and great Care muſt be taken likewiſe, that in the Boiling it doth not burn.

68. *Hauſtus Aperitivus.* An opening Draught.

Take Sage, Leaves of Elder and Celendine, each one Handful: Bruiſe them, and make an Infuſion in three Pints of ſtrong Ale, add Turmeric Root ſliced half an Ounce, and Long Pepper five Drams: Let them all macerate for Twenty-four Hours in a well glazed Pan cloſe cover'd; then preſs out ſtrongly, and add White Wine a Quart, and keep for Uſe.

This is to be taken three Times a Day, to the Quantity of half a Pint each Time, and together with the Uſe of the Pill Icteriee, No. (171) will infallibly remove all thoſe Obſtructions of the Liver and Glands that cauſeth

a Yellow Jaundice; nay, when even that it hath degenerated into the Black Jaundice, or Scirrhous Liver, this will be of great Service, as alſo in all Melancholy and Hypochondriacal Affections.

69. *Hauſtus Aperitivus alter.* Another opening Draught.

Take of the Leaves and Tops of Hyſſop a Handful and a half; of Pennyroyal, Thyme, Parſley and Roman Wormwood each half a Handful; boil all together in a Quart of White Wine, and keep it for Uſe.

The Doſe of this is four Ounces Night and Morning, till it hath produc'd its deſir'd Effect. This gently provokes the Menſtrual Diſcharge, and therefore is a good Medicine for a Continuance in a Green-Sickneſs, Loſs of Appetite, or Pica; (that is, an inordinate Deſire of eating Things unfit to eat; a very common Caſe in the Green-Sickneſs and other Diſtempers ariſing from Obſtructions) and cannot but do great Service in Stoppages in the Bowels.

REMARKS.

As this Medicine is deſign'd to remove fæminine Obſtructions; and as great Miſchief may ariſe from a wrong or undue Adminiſtration of theſe Openers, I think this a proper Place to throw together a few Obſervations, that cannot but be of great Service to my Female Readers.

" When

" When that there is a Suppreſſion of the
" uſual Diſcharge, at a Time when the Perſon
" hath no Reaſon to believe it caus'd by Preg-
" nancy, then it may be conſidered as a Diſ-
" eaſe (more eſpecially if attended with a
" high Colour, a ſtrong Pulſe, a Fulneſs of
" the Veins, ſwimming of the Head, and a
" Pain in or about the Rim of the Belly)
" which Diſeaſe, as it may, and certainly will be
" productive of dangerous Conſequences, un-
" leſs remedied, it is highly adviſeable to think
" of a Cure; which when a Phyſician can be
" call'd in had beſt be left to his Care: — But,
" as this Book may come to the Hands of ſome
" who may either be at too great a Diſtance
" from ſuch Help, or be too fooliſhly baſhful
" to admit of ſuch Aſſiſtance, till it grows
" dangerous, that they may not be entirely
" unable to aſſiſt themſelves, let them remark,

" Firſt, that ſuch Obſtructions being mani-
" feſtly caus'd by the Blood's being either too
" thick, or the Veſſels thro' which it ſhould
" circulate too tenacious or too much bent,
" muſt therefore be cured by either leſſening
" the Quantity, thinning its Quality, or by re-
" moving the obſtructing Cauſe, and opening
" the Paſſages, thro' which this Diſcharge
" ſhould flow.

" Therefore the firſt Step to the Cure ſhould
" be bleeding either in the Foot, or by Cup-
" ping between the Shoulders, which Bleed-
" ing, tho' it is of moſt Service when per-

" form'd

" form'd at the Beginning or at the Time that " the Flux ſhould be expected, yet neverthelefs " it may be uſed at any Time of the Diſtem- " per, and ought never to be omitted before " the Uſe of Steel and any ſtrong Openers.

" The next Step ſhould be by Purging; for " which, as my Author hath not given any " convenient Form, I recommend the follow- " ing from my own Knowledge:

" Take of the leſſer *Pill Cochiæ* a Scruple, " Volatile Salt of Amber eight Grains, Salt of " Tartar five Grains, Oyl of Savine two " Drops; make them into five Pills, of which " take two going to Bed, and the reſt early " the next Morning, working them off with " weak Green Tea.

" This Proportion is for a middling Strength; " but if ſhe be hard to move, the *Pill Cochiæ* " may be increas'd to two Scruples or a Dram: " But if a Draught be more agreeable the " following may ſerve:

" Take *Tinctura Sacra* two Ounces, Tinc- " ture of Myrrh, Tincture of Caſtor and E- " lixir of Property tarteriſed, each forty Drops, " mix and take early in the Morning.

" The Purging may be repeated twice a " Week, as Occaſion ſerves; and in the in- " termediate Days give the above Opening " Draught, or the Opening Potion, (No. 109) " till the Diſcharge is agreeable.

" The above is an approved Method in " common Obſtructions; but if any particular

" Ob-

" Obſtinacy ſhould happen, or different Habits
" of Body, take the following Notes:

" 1*ſt*. Where the Patient is very full of
" Blood, uſe the following Purge inſtead of
" the former:

" Take Leaves of Senna three Drams, Black
" Hellebore Root, Rhubarb Root and Sweet
" Fennel-Seed, of each two Scruples, Salt of
" Tartar half a Dram; boil together in ſix
" Ounces of Pennyroyal-Water; and when
" ſtrain'd, add Syrup of Buckthorn one Ounce
" and a half, Sal Volatile eighty Drops, and
" Tincture of Caſtor two Drams; mix for
" two Doſes.

" 2*dly*. If the Patient is very weak, has no
" Digeſtion, or ſubject to Hyſterics, then ſhe
" is not able to bear repeated Purging; and
" therefore one Vomit will be of more Ser-
" vice.

" 3*dly*. If the Perſon be of a cold, moiſt
" Conſtitution, then in the intermediate Days
" of Purging, to other Openers join Steel; as
" for Example:

" Take Conſerve of Rue, Conſerve of Ro-
" man Wormwood, each ſix Drams, Powder
" of Steel an Ounce; Compound Powder
" of Aron Root, Borace, Winter's-Bark, Ca-
" ſtor, Saffron, Myrrh, and Round Birthworth
" Root, each a Dram and a half; Æthiop's
" Mineral ſix Drams; Syrup of Mugwort a
" ſufficient Quantity to make an Electuary;
" of which take the Quantity of a ſmall Nut-

" meg

" meg three times a Day, drinking after each " Doſe a Draught of White Liſbon.

" 4*thly*. But if the Patient is very ſanguine " and full of Blood, then Hellebore may very " conveniently be ſubſtituted for the Steel."

Theſe Remarks may ſuffice for a Stoppage; for an Overflowing ſee the Remarks on Pil Reſtringens No (101).

70. *Hauſtus Antiplureticus.* A Draught for the Pleuriſy.

Take of the Whey of Ale Poſſet a Quart, Liquorice Root, ſtoned Raiſins, and fat Figs, each half an Ounce, boil them together and ſtrain off, of which drink four Ounces twice a Day; and in each Doſe diſſolve one Ounce of the Juice of Stone Horſe Dung.

This is an excellent tho' naſty Medicine, for the Pleuriſy, and Pains in the Ribs.

71. *Hauſtus Aſthmaticus.* A Draught for the Aſthma.

Take Damaſk Roſe Water three Ounces, Balſam of *Gilead* four Drops, mixt.

This muſt be taken every Night and Morning, and is a very good Pectoral, and may be of great Service in Aſthma's, and inveterate Coughs.

REMARK.

The Balſam will not unite with the Water, without the Help of a little Sugar.

72. *Hauſtus*

72. *Hauſtus ad Colicam.* A Draught for the Cholick.

Take freſh Winter Savory one Handful, beat and preſs out the Juice, which mix with half a Pint of warm Ale.

This will give Eaſe in the Pains of the Cholic.

73. *Hauſtus ad Colicam ſecund.* The Second Cholick Draught.

Take the Whey of Ale Poſſet one Pint, Parſley Seed two Drams, Bruiſe and boil them for half an Hour, and ſtrain off for one Doſe.

This is of the ſame Uſe as the former, and is good for a Pain in the Stomach.

74. *Hauſtus Aſtringens.* An Aſtringent Draught.

Take Burdock Roots four Ounces, the beſt Rhubarb three Drams; ſlice and infuſe in a Pint of White Wine, for twenty four Hours; then preſs out and add prepar'd Amber three Drams, keep for Uſe.

The Doſe is one Ounce in a Glaſs of Claret every Morning, till you find a binding enſue. This is a very good Medicine in an overflowing of the Menſes, or Gonorrhea.

For Remarks ſee the Notes on *Pil Reſtringens*, No. (101).

75. *Hauſtus*

75. *Hauſtus Antiſcorbuticus.* A Draught for the Scurvy.

Take freſh gather'd Garden Scurvy-graſs, Brooklime, and Water Creſſes; each two Handfulls: Bruiſe them in a marble Mortar, adding by little and little two Ounces of Compound Horſe Radiſh Water; preſs out the Juice;—then,

Take of this Juice an Ounce and a Half; Orange Juice half an Ounce, Rheniſh Wine two Ounces, which take every Morning for twenty Days.

This is an excellent Medicine in the Scurvy, Jaundice, and Obſtructions in the Liver.

76. *Hauſtus Carminativus.* A Draught for the Wind.

Take of the Whey of Ale Poſſet a Pint, Parſley, Thyme and Pellitory of Wall each half a Handful; Chamomile one Handful: Boil all together and preſs out, ſweeten with Sugar of Roſes and take warm.

This is a good Draught to expel Wind, and will be ſerviceable in the Cholic, Pain in the Stomach, and Fits of the Stone.

77. *Hauſtus Diureticus.* A Draught to provoke Urine.

Take fourteen Leaves of Scurvy Graſs, waſh them

them clean and bruiſe them in half a Pint of Rheniſh, Preſs out and take.

This moves Urine.

78. *Hauſtus Lithontripticus.* A Draught to break the Stone.

Take White Wine a Pint, Horſe Radiſh three Ounces: Boil to the Conſumption of half a Drink.

This may be taken in Fits of the Stone. — See the Remark to Pil Lithontrip. No (96).

79. *Infuſio ad Gonorrheam.* An Infuſion for a Gonorrhea.

Take Senna one Handful, red Coral prepar'd two Drams; Liquorice Root, and Aniſeed: Bruiſe each one Dram, Sal Prunell half a Dram, Infuſe hot for eight Hours in a Pint of Spring Water.

This is a very fit Purge in a Gonorrhea or ſcalding of Urine.

80. *Juſculum Analepticum.* A Reſtorative Broth.

Take two Pound of young Pork, boil in one Gallon and half of Spring Water, to the Conſumption of Half; then add two Quarts of New Milk, boil again, and ſtrain off.

The Quantity of a Pint muſt be taken three Times a Day, and is very good in Conſumptions.

This

This muſt be left off if a Purging enſues.

A little powder'd Cinnamon, put in the firſt Boiling, will better the Medicine greatly.

81. *Juſculum Aſtringens.* A Binding Broth.

Take New Cows Milk two Quarts, Rice two Ounces, Iſinglaſs half an Ounce, Lavender Water, and red Roſe Water, each an Ounce; one Calves-foot, and a ſufficient Quantity of Sugar: boil, and make a Broth.

This Broth is good to be taken a Pint every Morning, in the Gonorrhea, or the White or Menſtrual Flux. See Remark on Pil Reſtringens No (104).

82. *Liquor Aperitivus.* An Opening Liquor.

Take Compound Walnut Water one Ounce; Oxymel of Squills two Ounces, Mint Water, Centaury Water; each one Ounce, Infuſion of the Saffron of Melals half an Ounce, Salt of Vitriol three Drams, Mixt.

The Doſe of this is two Drams, Morning and Evening, for fourteen Days; and is of great Efficacy in the Yellow and Black Jaundice, Splenick or Melancholy Obſtructions, or Stoppages in the Bowels.

83. *Liquor Aperitivus.* An Opening Liquor.

Take Compound Water of Walnuts, one Ounce; Oxymel of Squills two Ounces, Mint

Water, Centaury Water, and Bleſſed Wine (is the Infuſion of Saffron of Metals) each half an Ounce, Salt of Vitriol, half an Ounce. Mix them well.

This is excellent for Yellow and Black Jaundice, and all the Obſtructions in the Bowels: —— The Doſe is two Drams Morning and Evening, for fourteen Days. ——

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84. *Lixivium pro Cancro.* A Lye for a Cancer.

Take Lapis Calaminaris two Ounces, five Times burnt in a ſtrong Fire, and as often quench'd in a Pint of white Liſbon.

Tutty one Ounce, as often burnt and quench'd in Roſe Water, a Pint; then mix well and keep for Uſe.

Its Title ſhews its Uſe, the manner of which is, that you muſt ſhake well the Bottle and dip a Linnen Cloth four double and apply twice a Day.

This is a good Receipt for a running Cancer, and muſt do great Service if join'd to the following.

85. *Mixtura pro Cancro.* A Mixture for a Cancer.

Take prepar'd Hoglice, and prepar'd Crabs Eyes each one Ounce; Rheniſh Wine one Quart, mix and infuſe in the Sun for four Days.

This

This acts as an internal Dryer, and muſt be taken every Day between purging to the Quantity of a Wine Glaſs.

Once a Week purge with Mercurius Dulcis and Reſin of Jallop.

86. *Mixtura Antiſcorbutica.* The Antiſcorbutick Mixture.

Take Leaves of Scurvy Graſs, Brooklime and Water Creſſes each two Handfuls: Bruiſe them all in a Stone Mortar, and by degrees add two Ounces of Horſe Radiſh Water, then preſs out the Juice.

This is excellent for the Scurvy, Dropſy and Jaundice; and muſt be taken to the Quantity of two Ounces, with a Glaſs of Rheniſh, and an Ounce of Orange Juice, every Morning for a Month.

87. *Mixtura Carminativa.* A Mixture to expel Wind.

Take Spirits of Wine half a Pint, White Wine ſix Ounces, Parſley Water two Ounces, Green Parſley one Handful: Let them infuſe for 24 Hours, then preſs out and take it.

This is very prevalent in Cholick Pains, and all Wind in the Bowels.

REMARK.

This muſt be made warm and taken in Bed

well cover'd. Half this Quantity may be taken firſt, and if the Perſon doth not ſweat, take the other half in two Hours after.

88. *Oleum Hyrundinum.* Oil of Swallow.

Take twenty young Swallows maſh'd to Pieces.

Leaves of Roſemary, Female Southern wood, and Strawberry Leaves, each one Handful: fry the Herbs in May Butter, and put that and the Swallow in a new Earthen or Glaſs Pot, well cover'd, and let them ſtand firſt for nine Days; and then ſtew them over the Fire again, and ſtrain out the Oil for Uſe.

This is a great deal better than that of the College, for all Cramps, Convulſions, and Contractions of the Nerves, and is of great Service in Paralytic Caſes.

89. *Pilula Antivenerea.* The Pill againſt the French Pox.

Take of the greater Pill Cochiæ one Dram, extract of Rudy and Calomel each one Dram, Reſin of Jallop one Scruple, Oil of Amber twenty Drops, and Oil of Nutmegs ten Drops. Beat them into a Maſs in a Mortar.

Beſides its Uſe in the Title, it is a good Purge for the Leproſy, Itch, and Scurvy. -- The Doſe is one Dram.

90. *Alter.* Another.

Take Scammony and Bitter Apple, each two Ounces, Saffron two Drams, Powder of Jallop one Ounce, Aloes half an Ounce, live Quick-ſilver one Ounce; mix the Quick-ſilver with Venice Turpentine 'till it is dead; and then with Syrup of Buckthorn make all in a Maſs for Pills.

This is for the ſame Uſe as the former, but ſtronger, the Doſe is from one to three Drams.

91. *Alter.* Another.

Take Diaphoretic Antimony one Dram, prepar'd Antimony half a Dram, Salt of Steel, Tartar Vitriolated, each twenty Grains, Powder of Jallop one Dram, Roſated Aloes enough to make a Maſs of Pills.

They are of the ſame Virtues as the former, the Doſe is half a Dram.

92. *Alter.* Another.

Take Extract of Rudy and Pill Cochiæ each an Ounce, Mercurius Dulcis half an Ounce; mix and make a Maſs.

As the former Doſe, half a Dram.

93. *Alter.* Another.

Take prepar'd Antimony twenty Grains,

Mercurius Dulcis fifteen Grains, Pil Cochiæ a Dram; Extract of Rudy half a Dram, Oil of Guaiacum 4 Drops, mix for two Doſes.

As above.

94. *Alter.* Another.

Take Diaphoretic Antimony, Sulphur of Steel; and Salt of Steel each ten Grains, Cornachines Powder a Dram and a Half; Mithridate and Diaſcordium each a Dram, make up in Pills with a ſufficient Quantity of Cinnamon Water.

This is an excellent Pill for even the worſt Stages of the Leproſy, and no Scurvy or foul Diſeaſe, but what will yield to it; the Doſe is half a Dram in the Morning, on an empty Stomach.

95. *Alter.* Another.

Take Extract of Rudy, Reſin of Jallop each a Dram, Mercurius Dulcis two Drams, Oil of Juniper, enough to form Pills.

This is a good Pill for the firſt Infection of the Venereal Diſeaſe, and tho' ſimple is nevertheleſs as much to be truſted to, as any of the moſt complex: The Doſe is fifteen Grains.

REMARKS on theſe Pills.

It muſt be obſerved, that all theſe Pills, tho' they are excellent, may yet in Venereal Caſes

Caſes do a great deal of Harm if continued beyond a proper Time; for if uſed after the Virulence is gone off, it will bring on a Debility or Weakneſs of the Parts, therefore when the Diſcharge leſſens and thickens, change the Pills for the Electuary No (48).

96. *Pilula Anti-febrifica.* The Fever Pill.

Take Bole Armoniac, Sealed Earth, and Earth of Lemnos, Powder of Snake-root each two Drams, make into Pills with a ſufficient Quantity of Honey.

Theſe Pills are good for the Tertian and Quartan Agues, to be taken in the Morning before the Approach of the Fit. —— Doſe one Dram.

97. *Pilulæ Balſamicæ.* Balſamic Pills.

Take Salt of Urine fifteen Grains, Salt of Antimony five Grains, Mercury fixt with Gold ten Grains, make into Pills with Conſerve of Gillyflowers.

For the Scurvy and foul Diſeaſe.

REMARK.

The above Quantity is for one Doſe, and muſt be made only as wanted, it is a wonderful Medicine, and ſecond to none in all Venereal Taints, and if any one finds on him the Remains

or Relicks of an ill cur'd Caſe, by the Uſe of theſe he may be ſecure againſt any bad Effects — The Operation is by Sweat.

98. *Pilulæ Diureticæ.* Pills provoking Urine.

Take Crabs Eyes prepar'd, Cream of Tartar each two Drams, Rhubarb one Dram, make into Pills with Venice Turpentine.

This greatly helps in Fits of the Stone, and promotes the Diſcharge of Urine, in all Stranguries or Difficulties of making Water. The Doſe is half a Dram.

99. *Pilulæ Lithontripticæ.* Stone breaking Pills.

Take new drawn Caſſia and Venice Turpentine each one Ounce, powder'd Sugar Candy ſufficient to make Pills.

Two Drams of theſe Pills taken in the Morning, with a Draught of warm Broth, gently purges and moiſtens the Belly, and is of great force in Fits of the Stone.

100. *Secunda.* The Second.

Take twenty Winter Cherries, bruiſe them and boil them in ten Ounces of White Wine, to a Thickneſs; then add Extract of

Caſſia

Caſſia half an Ounce, and Powder of Jallop twenty Grains, and make into Pills.

This powerfully provokes Urine, and moves the Stone.

101. *Pilulæ Mercurialis.* The Mercurial Pills.

Take live Quick-ſilver two Drams, Venice Turpentine and Pill Cochiæ each half a Dram, mix and make twelve Pills.

This is a fine Alterative Pill for all Scorbutic, and Venereal Infections, to be taken one Pill every Night, drinking after it a Draught of Lime Water,

102. *Pilula Narcotica.* A Sleepy Pill.

Take Diaphoretic Antimony half a Dram; Powders of Zedoary Root two Scruples, Caſter and Gum Galbanum each half a Dram, white Pepper, Henbane Seed, and Opium, and Spaniſh Liquorice half an Ounce, make into Pills with Claret.

This Pill may be taken according to Conſtitution from five to fifteen Grains in all Caſes requiring Eaſe, eſpecially in the Rheumatiſm, when the Patient is worn out for want of Reſt.

103. *Pilulæ Nepenthæ.* or, The Eaſe-giving Pill.

Take the beſt Opium half an Ounce, Benjamin, Myrrh and Saffron each two Drams.

Put

Put the Saffron into ſix Ounces of Roſe Water, in a Veſſel well cloſed, and let it boil gently in a Bath Heat, till you obtain a moſt elegant Tincture.

Put the Opium into twelve Ounces of Spring Water, and boil to four Ounces, in an open Veſſel, and keep it.

Make a Decoction of the Myrrh and Benjamin, each in twelve Ounces of Water to four, join all the Decoctions and diſtil to the Thickneſs of an Extract.

There is not in the Power of Medicine a more efficacious Promoter of Sleep; it is excellent in all Pains as well external as internal, in the French Pox, Catarrhs, Rheumatiſm, in all Fluxes of Blood, in Overflowings of the Terms, in Gonorrheas and Whites, alſo in the Decline of all Fevers whatſoever; if there is Want of Reſt it may be given in Madneſs, Melancholy, Fits, Falling Sickneſs, Gout, Vapours, Weakneſſes of the Back, Pleuriſies, Colic, and in great Vomitings there is no equal. The Doſe is from two to ſix Grains in a Glaſs of good Wine.

104. *Pilula Reſtringens.* The reſtringent Pill.

Take true French Claret half a Pint, Iſinglaſs half an Ounce, boil them moderately till it is diſſolv'd; then add the fineſt Sugar half an Ounce, Powder of Cinnamon and Nutmegs each two Drams, boil to a proper Conſiſtence.

This

This is excellent in the Whites, Overflowing of the Courſes, or a ſimple Gonorrhea, the Doſe is one Ounce every Morning.

REMARKS.

This is rather a thick Electuary than a Pill, and may be made as ſuch, with the Addition of an Ounce of candid Ginger, which will greatly help the Medicine.

105. *Secunda.* The Second.

Take Pomegranate Flowers and Bark each a Dram, Seed of Lettice, white Poppies and Agnus Caſtus each two Drams, Red Coral prepar'd half a Dram, Powder of Gum Maſtich, and of the Jaw bone of a Pike each a Dram and a half, powder them all well and make into a Maſs for Pills with Venice Turpentine.

This is for the ſame Uſes as the former, the Doſe being a Dram taken every Morning faſting.

REMARKS.

This is more binding and leſs balſamick than the former, and need not to be uſed unleſs the former takes no Effect. *For the Account of the Uſe of Reſtringents (promiſed in this Place) the Reader is referred to the Preface.*

106. *Pilula Stomachicha.* The Stomach Pill.

Take the Beſt Aloes an Ounce, Gum Maſtick

tick two Drams, Powder of dried Marjoram one Dram, Salt of Wormwood half a Dram, make into Pills with the Juice of Coleworts.

This comforts and ſtrengthens a weak and pall'd Stomach. The Doſe is half a Dram.

107. *Pilulæ Antiſcorbuticæ.* The Scurvy Pills.

Take Extract of Rudy, and Extract of Catholicon each half an Ounce, Pill ex Duobus twenty Grains, Calomel half a Dram, Venice Turpentine ten Grains, mix and make Pills.

They are very good for the Scurvy, and all Eruptions of the Skin: Doſe from one to three Scruples.

108. *Potus Lithontripticus.* A Drink for the Stone.

Take dry'd Elder-berries powder'd an Ounce, Sperma Ceti half an Ounce, infuſe in a Pint of White Wine, and keep for Uſe.

This is a good Medicine in the Stone in the Paſſage, it powerfully forcing down into the Bladder; the Doſe is two Ounces, as occaſion urges ſhaking the Bottle.

109. *Potio Emenagoga.* A Potion provoking the Terms.

Take White Wine a Pint, unhop'd Beer a Pint and a Half; of this make a Beer Poſſet with Milk, ſtrain off the Whey and put it in a Saucepan

Saucepan with Ground Pine, Penny-royal, Marjoram, Tops of Lavender, and Heads of Leeks, Green Hyſſop, and Marygold Flowers; of each one Handful: Red Saunders half an Ounce, and Saffron ten Grains; Boil till a third Part is conſumed, and keep the reſt for Uſe.

In all feminine Obſtructions you may take ſix Ounces Morning and Evening till it produces the deſir'd Effect.

110. *Potus Lithontripticus.* A Drink for the Stone.

In the Month of May take pretty ſoft Cow Dung, and with a gentle Fire in a Glaſs Alembick diſtil a Water, which diſtill'd Water keep for Uſe.

Then take wild Horſe Radiſh, and common Radiſh each two Ounces, cut them in Slices and let them ſoften in the Sun in a Quart of White Wine in a Glaſs Veſſel well ſtopt, for the Space of forty Days, and keep for Uſe: Then take one Ounce of this Wine, two Ounces of the above Water, Strawberry Water half an Ounce, Lemon Juice two Drams, Honey of Roſes the ſame Quantity, Sugar Candy half a Dram, and take it.

This is an admirable Medicine for the Stone and Gravel, and powerfully promotes the Diſcharge of obſtructed Urine.

If

REMARKS.

If to the above Draught you add half a Dram of the Powder at No (129). you have a Remedy nothing can equal.

111. *Potus Analepticus.* A Reſtorative Drink.

Take Agrimony, Betony, Maiden Hair, Liver Wort, Hop-tops, Polypody of the Oak, each one Handful: Sarſaparilla two Ounces, Saſſafras one Ounce, Turbith Root two Ounces, Beſt Rhubarb one Ounce, Lignum Vita Shavings eight Ounces, Aniſeeds and Fennel Seeds each half an Ounce, Stick Liquorice and China Root each two Ounces, ſtoned Raiſins a Pound, Scurvy Graſs Leaves ten Handfuls; Horſe Radiſh an Ounce; cut, bruiſe and infuſe theſe Ingredients in ſix Gallons of new unhopt Ale Wort, and when it hath well workt, bottle off for Drink.

This is a good Drink in Conſumptions, Dropſies, Scurvy, Jaundice, and worn-out Conſtitutions, a Pint drank three Times a Day.

112. *Potus Aperitivus.* An Opening Drink.

Take new Ale, warm Milk and Wormwood Wine each a Pint, of this make a Poſſet, and when the Whey is well clear'd, take Wood Sorrel two Handfuls, and a Dram of Ivory Shavings,

ings, then preſs out and take half a Pint Morning and Evening.

This is of great Uſe in Jaundices and Obſtructions of the Liver, Spleen and Bowels.

113. *Potio Stomachica.* A Stomach Potion.

Take Spring Water three Pints, four Juicy Apples cut in ſlices, Currants, Sorrel Leaves, and Flowers of Mullein each a Handful: Boil all theſe till a Pint is conſum'd, and to the ſtrain'd Liquor add White Sugar three Ounces.

This is deſigned for gnawing Pains of the Stomach, and whoever takes half a Pint Night and Morning will find great Benefit.

114. *Potio Antipodagricus.* A Potion againſt the Gout.

Take one Ounce of Saſſafras, half an Ounce of Maſtick Wood, a Handful of Ground Pine, two Drams of Winter Bark, and Fennel Seed, Aniſeed and Angelica Seed each one Dram; boil all in two Quarts of Spring Water to the Conſumption of a Pint, and bottle for Uſe.

The Doſe is a Pint twice a Day in the Foot Gout, Scurvy, Yellow and Black Jaundice and French Pox.

115. *Potus Spleneticus.* A Spleen Potion.

Take Harts Tongues, Agrimony, Betony, and

and Succory each one Handful; Liver Wort and Dock Roots each two Handfuls: Boil them in four Gallons of Ale, adding a Handful of Wormwood, and after four Days preſs out for Uſe.

This is of great Service in all Obſtructions of the Spleen, and other Bowels, Doſe half a Pint twice a Day.

116. *Potio Purgans.* A Purging Potion.

Take choice Rheubarb and Saſſafras each an Ounce and a Half, Agaric, Coriander and Fennel Seeds each an Ounce, Polypody of the Oak five Ounces, Sarſaparilla three Ounces, Burdock Roots half a Pound, Guaiacum Chips ſix Ounces, Horſe Radiſh one Ounce, ſlice and bruiſe and put in a Bag in three Gallons of new Ale, with a Pint of Scurvy Graſs Juice, and when it hath workt, bottle for Uſe.

Drink a Pint of this faſting every Morning, for the Scurvy, Dropſy, Jaundice, or all Obſtructions of the Bowels.

117. *Potus Pectoralis.* A Pectoral Drink.

Take Harts Tongue, Hyſſop, Sage and Thyme each a Handful: Bruiſe and preſs out the Juice, and make a Mixture with four Ounces of Hyſſop Water.

In all inveterate Coughs, Aſthmas and Diſeaſes of the Breaſt, take an Ounce warm every Morning.

118. *Potus*

118. *Potus Opthalmicus.* A Drink for the Eyes.

Take Red Sage, Fennel, Yarrow, Daiſy Roots, Celendine and Marygold Leaves, each a Handful; the Juice of 40 Hoglice. Bruiſe and ſqueeze out the Juice into a Quart of new Ale. This is good for the Eyes and ſharpens the Sight: The above is four Doſes, to be taken Night and Morning.

119. *Potus Epaticus.* A Drink for the Liver.

Take Sage, Roſemary, Wormwood, Maidenhair, Liver-wort and St. *John*'s-wort each one Handful; Hyſſop, Rue and Plantain, each half an Handful; Water Creſſes, Brook-lime and Mercury, each two Handfuls: Bruiſe all theſe and boil them in four Gallons of new Ale till one Gallon is conſumed; then add Aniſeed, Fennel Seed, Liquorice Root, Sarſaparilla and China Root, each one Ounce; boil again, and when ſtrain'd add ſton'd Raiſins, fat Figs and ſton'd Dates, each four Ounces, and keep for Uſe.

This is an excellent Drink for Conſumptions or Obſtructions, or Diſeaſes of the Liver, Scurvy, Yellow Jaundice, Dropſy, Venereal Infections, and inveterate Coughs: The Doſe is ſix Ounces taken warm three Times a Day.

120. *Potus Traumaticus.* A Vulnerary Drink.

Take Bugloſs, Mugwort, Southernwood, Wormwood, Betony, Avens, Starwort, Allheal, Plantain, Dandelion, Clary, Agrimony, Angelical, Wild Mint, Comfrey, Scabious, Yarrow, Strawberry Leaves, Violet Leaves, Daiſy, Honey-Suckle Leaves, the greater Coſtmary, each half an Handful, boil in four Pints of Spring Water to a Quart, and preſs out cloſe, add three Pound of Honey, boil again, ſkim it and keep it for Uſe.

In all Wounds and Ulcers as well external as internal it is of great Uſe, alſo in Rottenneſs of Bones, Fiſtula's and Venereal Ulcers: It helps the bringing to a Head of Swellings, and ſtops inward Bleeding, and alſo given in a proper Vehicle facilitates the Birth. The Doſe is one Ounce three Times a Day.

121. *Alter.* Another.

Take Sarſaparilla four Ounces, Lignum Vitæ Shavings two Ounces, China Root three Ounces, Lentiſkwood, one Ounce; boil all theſe in two Gallons and a Half of New Ale unhopp'd, and before it works add of the Herbs Allheal, Plantain, Betony, Agrimony, Mouſe Ear, of the Tops of St. *John*'s Wort, of the Leaves of Burdock, and Sage; of the Roots of Mallows, and Marſh Mallows, each half a Handful, of the Leaves of Violets and Strawberries

Strawberries each one Handful, Fennel Seed and Coriander Seed each half an Ounce, two Nutmegs, put all these in a Bag and put in the Beer while it works.

In all Wounds and Old Ulcers, Scurvy, Jaundice, Venereal Disease and Fistula's, it is of great Service used as common Drink: it greatly purifying the whole Mass of Blood.

If you add five Hundred Hoglice mash'd, it will greatly add to its Virtues.

122. *Alter.* Another.

Take Leaves of Dandelion, Scabious, Sweet Laurel, Yarrow, Southernwood, Wormwood, Betony, Bugle, Plantain, Featherfew, Allheal, Acorns and White-thorn Berries, Daisy Roots, and Flowers; Leaves of Angelica, Mint, Agrimony, Comfrey, Violets, Flowers of Honey-Suckles, Avens and Bluebottles, each three Handfuls: Put them in a Quart of White Wine, and two Quarts of Spring Water, and boil 'till a Quart is consumed: Then to the strain'd Liquor put a Pound of Honey, skum it over the Fire not letting it boil, and keep it for Use.

Besides the Virtues of the others, this is good for the Pain in the Stomach, Dose four Ounces Night and Morning.

123. *Potus in Rachitide.* A Drink for the Ricketts.

Take fat Figs, Currants and Raisins of the

Sun each four Ounces, brown Sugar-candy two Ouuces, Aniſeeds and Carrawayſeed each an Ounce, Stick Liquorice half an Ounce, Liverwort and Fluellin each half an Handful; Hartstongue one Pugil, boil in a Quart of Spring Water 'till half is conſumed, then ſtrain for Uſe.

The Title ſhews its Uſe for which it is excellent. Doſe half an Ounce twice a Day.

124. *Pulvis Digeſtivus.* A Digeſtive Powder.

Take candied Coriander Seeds two Ounces, Cinnamon one Ounce, Cloves, Nutmegs and Sugar of Roſes, each half an Ounce, Mace two Drams; Powder theſe and mix them with half a Pound of the fineſt Powder Sugar.

This cauſes a good Digeſtion, if taken to the Quantity of a Quarter of an Ounce in a Glaſs of White Wine, an Hour before Dinner or Supper.

125. *Pulvis Diureticus.* A Powder provoking Urine.

Take Powder of Golden rod two Drams in a New laid Egg, every Morning faſting for twelve Days.

This is excellent in Fits of the Stone, and Suppreſſion of Urine.

126. *Al-*

126. *Alter.* Another.

Take of the Seeds of Common Dock and Violets each one Ounce, Powder of dry'd Hare's Fleſh two Ounces; mix them.

Take one Dram of this in a new laid Egg every Morning faſting, and it is excellent in all Stranguries, Pains of the Reins, Stone and Stone Cholick.

127. *Pulvis Lithontripticus.* A Powder for the Stone.

Take Oak Leaves four Ounces, Saxifrage and Samphire each half a Pound, Bayberries five Ounces, make a fine Powder.

The Doſe is half a Dram in a Glaſs of White Wine, for the Uſes abovementioned.

128. *Alter.* Another.

Take Aniſeeds, the Seeds of Hips, Miſleto of the Oak, Senna, Saſſafras, Eggſhells dry'd, Centaury and Liquorice, each an Ounce, Sloe Stones and Parſley Seed, each half an Ounce; Powder and mix.

Take one Dram in a Glaſs of White Wine.

129. *Alter.* Another.

To the former Powder, add Powder of Hazel-Nutſhells and Water Trefoil each an Ounce.

The Doſe is as above, 'tho' the Virtues are greatly encreaſed.

130. *Sacculus Emoliens.* A ſoftning Bag.

Take Ointment of Marſh Mallows and anoint the Breaſt, then ſew up Nettles cut ſmall in a Silk Bag, and apply warm.

This is very good to diſſolve curdled Milk.

131. *Sacculus Stomachicus.* A Bag for the Stomach.

Take Roman Wormwood, Rue, Featherfew, Mint, Fennel and Leeks, each a Handful; Mix them with two Ounces of Bull's Gall and a little Vinegar, put in a Bag and apply hot to the Stomach.

This greatly comforts the Stomach and promotes Digeſtion.

132. *Succus Carminativus.* A Juice for the Wind.

Take Parſley, Bramble Leaves and Pennyroyal, each one Pugil; bruiſe and preſs out the Juice in a Pint of Ale Poſſet.

This is a good Medicine for the Cholick, and windy Obſtructions in the Bowels.

133. *Succus Opthalmicus.* A Juice for the Eyes.

Take live Hoglice nine, Honeyſuckle Leaves, Celan-

Celandine, Daiſies, Fennel and Groundpine, each a Handful: Bruiſe and preſs out the Juice.

An Ounce of this taken Night and Morning for nine Days, is good for Inflammations in the Eyes, and ſtrengthens and ſharpens the Sight.

REMARK.

If to the above Juice you add half an Ounce of Spirit of Sal Armoniac, you have an excellent Medicine to be taken as liquid Snuff.

134. *Suffimentum Hæmorrhoidale.* A Fume for the Piles.

Take Marſh Mallows, and Mullen each one Handful: Bruiſe and boil in a Pint of Milk, and when hot receive the Smoke through a Funnel.

This greatly prevails for the Service deſign'd.

135. *Syrupus Cerevitiæ.* Syrup of Ale.

Take ſtrong four Ale a Quart, Honey half a Pound, clarify and boil to the Conſiſtence of a Syrup.

In Conſumptions, Aſthmas and inveterate Coughs, this Medicine hath not its Equal, taken Morning and Evening.

136. *Syrupus Peti Compoſitus.* Syrup of Tobacco Compound.

Take Green Leaves of Tobacco two Ounces,

Agrimony, Hyſſop, Pennyroyal and Mint, each two Handfuls; Roſemary, Coltsfoot each half an Handful, Aniſeed, Fennel Seed and Carraway Seed, each two Drams; boil in two Quarts of Spring Water to half, and add ſharp Vinegar ſix Ounces, White Sugar two Pound; and boil to the Conſiſtence of a Syrup.

This is for the ſame Uſes as the former. Doſe one Ounce Night and Morning.

REMARK.

This is a fine Medicine in Aſthma's, Catarrhs and inveterate Coughs; is a great Pectoral, and brings up Phlegm from the Stomach.

137. *Tinctura Antihydropica.* A Tincture for the Dropſy.

Take Juniper Berries, Roman Wormwood, the inner Bark of Elder, and Broom Aſhes, each a Pound; Liquorice two Ounces, Raiſins of the Sun four Ounces; put them in a Glaſs Veſſel well ſtop'd, with a Quart of Spring Water, and let them ſtand for Twenty four Hours, and clear off for Uſe.

The Doſe is ſix Ounces twice a Day, in Dropſies and Tympanies.

138. *Tinctura Guaici Diaphoretici.* Sweating Tincture of Guaicum.

Take Gum Guaicum two Ounces, Spirits of

of Wine a Pint, let them ſtand in Infuſion till the Gum is diſſolved, add Roſe Water, and Plantain Water, each half a Pint.

There is no Venereal Taint but what this Tincture with the Pill at No (86). and the Electuary at No (49). will effectually maſter. The Doſe is one Ounce Night and Morning, Sweating after it.

139. *Tinctura Antivenerealis.* The Antivenereal Tincture.

Take Gum Guaicum and Balſam of Capivi each one Ounce, Oyl of Saſſafras fifty Drops, Tincture of Salt of Tartar twelve Ounces, digeſt cold for four Days.

This is a good Medicine, Doſe half an Ounce, twice a Day in a convenient Liquor.

REMARK.

Let me here add a Caution for no one to make Uſe of this Medicine, 'till they are ſure the Virulence is well purged off.

140. *Tinctura Antiſpaſmodica.* A Tincture againſt the Cramp.

Take Wild Carrot Seed ſix Ounces, bruiſe and infuſe for ſix Days in a Pint of Oyl of Turpentine.

This greatly prevails againſt Cramps, Palſies, and Pains ariſing from Cold, rubbing the Part.

141. *Tinc-*

141. *Tinctura Lithontriptica.* A Tincture for the Stone.

Take Oyl of Turpentine a Pint, Flower of Brimſtone three Ounces, Yellow Amber prepar'd ſix Drams, mix all theſe and digeſt in a long neck'd Glaſs, 'till it is red; then boil over a very gentle Fire for half an Hour, let it cool and keep for Uſe.

The Doſe is from eight to twelve Drops in a proper Vehicle: This is a ſingular Remedy in the Stone both of Kidneys and Bladder, and Pains of the Reins, and virulent Gonorrheas.

142. *Trochiſci Enulati.* Elecampane Lozenges.

Take freſh Elecampane Roots, waſh them and ſoak them for twenty Days in Spring Water, changing the Water twice a Day; then boil them and pulp them through a Sieve.

Then take of this Pulp four Ounces, Pulp of Apples candyed half a Pound, three Pound of Sugar, mix it together, and dry it in an Oven 'till you can make Lozenges of it, and they'll keep good for Seven Years.

For all Diſeaſes in the Breaſt, Coughs and Aſthmas they are a choice Remedy, to be taken when you pleaſe.

143. *Unguentum Anodynum.* The eaſing Ointment.

Take Oil of Chamomile two Ounces, Ointment

ment of Marſh Mallows one Ounce, Yellow Wax half an Ounce, Saffron powder'd half a Dram, melt together in a new Pipkin, and make an Ointment.

This is good to ſoften hard Swellings and to eaſe Pain.

144. *Alter.* Another.

Take Red Sage and Rue each two Handfuls, Wormwood and Laurel each one Handful, Roſemary four Handfuls, St. *John's* Wort and Balm, each half a Handful; Mallows, Dill, Lavender, Camomile, Melilot, each one Handful; Mutton Suet two Pound, Olive Oyl a Gallon, cut and bruiſe the Herbs and boil over the Fire, then let it ſtand in the Sun for three Months, then boil again and preſs out ſtrongly for Uſe.

This is an excellent Ointment for all Pains ariſing from Cold, for Bruiſes, Palſies and Weakneſs of the Nerves.

145. *Alter.* Another.

Take Capons Fat four Ounces, Roſe Leaves three Handfuls; let it ſtand in the Sun for three Months, then preſs and keep for Uſe.

This is a good Medicine for the above Uſes, and for Inflammations.

146. *Un-*

146. *Unguentum Aſthmaticum.* Aſthmatic Ointment.

Take Oil of Sweet Almonds an Ounce, May Butter the ſame Quantity; Saffron powder'd twenty Grains, White Wax, enough to make an Ointment.

This is to be applied to the Stomach in Diſeaſes of the Breaſt and Aſthma's.

147. *Unguentum Antipodagricum.* Ointment for the Gout in the Feet.

Take French Brandy one Gallon, Five Oxes Galls, Green Broom a Handful and a half; Wormwood a Handful, Featherfew and Groundpine, each half a Handful: Boil them to a third Part, then ſtrain and add Succotrine Aloes an Ounce, Camphire two Drams, and to every Pound add an Ounce of natural Balſam, and keep well ſtopt.

This is a noble Medicine for the Gout in the Limbs, and Pains of the Kidneys, a little being rubb'd in by the Fire, and a Flannel applied afterwards.

148. *Unguentum Hemmorhoidale.* An Ointment for the Piles.

Take Elder Buds gather'd in a dry Day two Pounds; bruiſe them and put them in a new

new Earthen Pipkin over the Fire, with a ſufficient Quantity of May Butter, and boil gently, cloſe cover'd, then drain out and keep for Uſe.

This is good for the outward Piles.

REMARK.

The Quantity of Butter ſhould be three Pound, and if before it is cold you ſtir in two Ounces of Aniſated Balſam of Sulphur, you greatly better the Medicine.

149. *Unguentum Lactis Coagulationem.* Ointment for the Curdling of Milk.

Take Hemlock Leaves and Red Roſes, each half a Handful; let them ſoak for twenty Days in Oyl of Violets and Oil of Henbane, each three Ounces; boil a little, ſtrain and add an Ounce and a Half of White Wax, and make an Ointment.

The Title ſhows its Uſe.

REMARK.

This is a neat elegant Ointment, and rub'd twice a Day on the Breaſt, beginning on the third Day after Delivery will ſoften the Breaſt, and keep the Milk from Curdling.

150. *Unguentum contra Rachitidem.* Ointment againſt the Rickets.

Take Roſemary, Lavender, Spike, Wild Thyme,

Thyme, Maiden Hair, Hyſſop, Pennyroyal, Camomile, each one Handful; cut and boil them in three Pound of Freſh Butter, till you make an Ointment.

This is for the Ricketts, and cold Pains of the Joints, to be rubbed in before the Fire, Night and Morning.

REMARK.

The Rule for boiling Herbs for an Ointment, is to boil them till they are criſp, and to take Care that they don't burn.

151. *Alter.* Another.

Take a Pint of Cream, Green Liver Wort, one Handful; Fern and Harts-tongue each half a Handful, cut and boil to the Conſiſtence of an Ointment.

They are for the Uſes above, anointing the Ribs and the Back-bone.

152. *Unguentum Paralyticum.* An Ointment for the Palſy.

Take of the Fat of the Firſt Broth for the Dropſy-Bath, No (28) a Pound, then,

Take Fennel, Wormwood, Southernwood, Mallows, Parſley and Sorrel, each one Handful: Oil Olive an Ounce, boil to an Ointment.

This is good for all Cold Pains, Rickets, Palſies, Gout, Evil-Swellings and weak Sinews.

153. *Al-*

153. *Alter.* Another.

Take Rue, Sage, Wormwood, Dill, Roſemary, Chamomile, Lavender and Bays, each a Handful, Oil Olive a Pound and a Half; Mutton Suet a Pound, let all ſtand in the Sun for ten Days, and then boil to an Ointment.

This is good for all as the former, to which add the Cramp.

154. *Unguentum Poriginoſum.* Ointment for Breakings out.

Take Hog's Lard, Unſalted Butter, and Caſtile Soap, each half an Ounce; Gun Powder, and Powder of White Pepper, each one Dram; Flower of Brimſtone half a Dram; mix and make an Ointment.

For Scabs, Itch, Tetters and Breakings out; this is a prevailing Ointment, a little being rubbed in, on the Parts.

155. *Unguentum Viride Magnum.* The Great Green Ointment.

Take Lavender, Hyſſop, Parſley, Roſemary and Virgins Bower, each a Handful; May Butter, neither ſalted nor waſhed three Pound; Bruiſe the Herbs and boil them, then not ſtrain'd, but let all ſtand in the Sun the ſpace of a Month and then boil again, and when preſt

preſt out, add Yellow Wax half a Pound, and you have a noble Ointment.

This is of great Uſe for the Gout in the Feet, Cold Pains, Fits of the Gravel, Joints put out, and painful Swellings.

156. *Aqua Coſmetica.* A Beautifying Waſh.

Take Red Roſe Water a Pint, Bitter Almonds blanch'd four Ounces, mix with the Water to a Milk; then,

Take Sublimate Mercury half a Dram, and let it ſtay ſome Time with a little of the above Milk in a Leaden Mortar, and change the Milk till it will colour no more; then add Sperma Ceti two Drams, Camphire half a Dram; and the Juice of four Lemons: Make a Mixture, and keep in a Glaſs well ſtopt for Uſe.

Dip a Rag in this, and when the Face is clean waſh'd go over it again, and it will take away all Spots and Marks whatever.

157. *Aqua ad Calculum.* Water for the Stone.

Take Malaga Wine three Pints, Rue and Sage each a Handful; Boil all to the Conſumption of a Pint; then preſs out, and add Ginger half an Ounce, Nutmeg three Drams, and Long-pepper an Ounce, then boil again, and keep well ſtopt.

Take Mithridate half an Ounce, Venice Treacle ſix Drams; diſſolve in a Pint of Angelica Water, and mix with the above.

This

This is a noble Medicine for the Stone, and is of great Uſe in the Diabetes, and for thoſe who cannot keep their Water.

158. *Chalybs preparation:* Colbatch: Dr. *Colbatch's* Method of preparing Steel.

Take Steel filings four Ounces, Powder of White Tartar half a Pound; mix well and put in an Earthen Veſſel glazed, then pour on a Gallon of Spring Water, and let it boil over a gentle Fire till it is dry; then take it out of the Pot, and put it in a Crucible, and let it calcine for an Hour; then let the Crucible grow cold, and powder the Maſs for Uſe.

This is the beſt for any Uſe in which Steel is required, and is to be greatly prefer'd before any other.

159. *Cataplaſma ad Calculum.* A Poulteſs for the Stone.

Take Green Tops of Horſe-radiſh, fry them in freſh Butter, put in a Bag and apply hot, and renew when it grows cold.

This may be applied with great Succeſs in all Caſes of the Stone and Gravel.

160. *Confectio Laxativa.* A Purging Confection.

Take Ginger two Drams, Cinnamon and Cloves, each one Dram; Saffron and Galangal

each twenty Grains, Turbith half a Dram, Scammony three Drams, White Sugar four Ounces; mix and make a Confection.

This expels phelgmatick and watery Humours by Stool; and may be given with great Succeſs in Dropſies, &c. Doſe from two Drams to half an Ounce.

161. *Decoctum Lithontripticum.* A Decoction for the Stone.

Take of the Raſping of a dry'd Pizzle of a Sea horſe an Ounce, Chamomile, Parſly, and Saxifrage each a Handful; Horſe Radiſh half an Ounce, boil in a Pint of White Wine and keep for Uſe.

This is for the Stone and Gravel, Doſe two Ounces in the Fit.

162. *Errhinum Opthalmicum.* A Liquid Snuff for the Eyes.

Take of the Juice of Primroſe Roots, and Juice of Marjoram Tops each equal Parts, and mix them.

Four or five Drops of this inſtill'd into the Noſe every Day, is good for the Eyes, purgeth the Head, eaſeth the Tooth-ach; and helps in Conſumptions.

It muſt be made freſh every Month, for it will not keep longer.

163. *Hau-*

163. *Hauſtus Anticolicus.* An Anticholic Draught.

Take Powder of wild Carrot Seeds, twenty Grains, Salt of Wormwood half a Dram, Compound Horſe Radiſh Water one Ounce, and Milk Water two Ounces; mix for one Doſe.

This is a ſpeedy Relief in the Wind Colick, and all other kinds; is good in the Stone, the Gripes and Wind in the Bowels, to be taken going to bed.

164. *Hauſtus Emmenagogus.* A Draught to provoke the Terms.

Take Chymical Oil of Carraways ſixteen Drops, White Sugar a Dram; diſſolve in Penny-royal Water an Ounce, mix.

This is a good Draught in Obſtruction of the Menſes, and expels both Birth and Afterbirth; it muſt be repeated every ſix Hours till it takes Effect.

165. *Oleum Martis.* Oil of Steel.

Take Salt of Armoniac a Pound, Steel filings twelve Ounces, rub well together in a marble Mortar, put it in a moiſt Place for ſeven Days, and then calcine in a Crucible in a ſtrong Fire; and when it is cold put in a Flannel Bag in a cold Cellar, and the Oil will drop thro' into an Earthen Veſſel plac'd to catch it.

This is a noble Reſtringent in all Overflowing of the Courſes, in Whites and Floodings; Doſe from 40 to 80 Drops, in a Decoction of Oak Bark.

166. *Ol. Martis* Glauberi. *Glauber*'s Oil of Steel.

Make a Solution of thin Plates of Steel, in a ſufficient Quantity of Spirits of Nitre, and it will be green, and of a ſweet Taſte; filter, and put in a Glaſs over a ſlow Fire, till all the Moiſture is exhal'd and the Maſs remains at the Bottom like Blood; then put it in a Glaſs Diſh in a damp Cellar, and it will turn to a yellow Oil.

This is an excellent Secret in corroſive Ulcers, Fiſtula's and Cancers; all which it cleanſeth well: But it is not good for inward Uſe as the former.

167. *Pilula Alexipharmica.* A Fever Pill.

Take Virginia Snake-root two Ounces, Tormentill Root, Roots of Angelica and Elecampane each half an Ounce, Storax Pill without the Opium, the ſame Quantity; Cochinell, Saffron and Bezoar Mineral each two Drams, Seeds of Fennel, Aniſe and Parſley each half a Dram, the beſt Opium two Ounces, diſſolved in a ſufficient Quantity of Spirits of Wine, and incorporate without Fire; then take White Tartar, and Salt of Tartar each one Pound. Calcine together and put in a Matraſs with equal

equal Parts of Oil of Turpentine and Oil of Spike, till it is of the Thickneſs of Honey; then take a ſufficient Quantity of this Corrector and incorporate with the above, and form a Maſs for Pills.

This is an excellent Pill in all Fevers and Deliriums, for want of Reſt it greatly compoſes, without cauſing any Stupidneſs to be left behind.

168. *Pilula Chalybeata.* The Steel Pill.

Take prepar'd Steel a Dram and a Half, Salt of Steel fifteen Grains, Saffron ten Grains, extract of Gentian enough to form Pills.

This is an excellent Pill for Green Sickneſs, Vapours and Feminine Obſtructions.

REMARK.

You may make twelve Pills of each Dram, and take four Pills twice a Day, with a little Steel Wine.

169. *Potio contra Lumbricos.* A Potion for the Worms.

Take Barley Water two Ounces, Vinegar of Elder half an Ounce, Pulp of Tamarinds three Drams, Agaric twenty Grains, Powder of ſweet Fennel Seed ten Grains, Cinnamon five Grains, boil together a little while, then add choice

Rhubarb twenty Grains, Powder of Roſes two Scruples: Let it ſtand two Hours, and when ſtrain'd add Syrup of Succory half an Ounce, Spirit of Mint five Drops, mix.

This is for the Worms, it muſt be given in the Morning; and after it has work'd give the following.

170. *Potio Cordialis.* The Cordial Portion.

Take Confection of Hyacinths a Scruple, Counteſs of Kent's Powder twelve Grains, Syrup of Poppies two Drams, Balm Water an Ounce, mix together.

This greatly adds to the Uſe of the former.

171. *Pulvis Sciaticus.* A Sciatic Powder.

Take Deadly Carrot Seed in Powder twenty Grains, Green Tea a large Diſh, mix.

This taken every Morning is a Specifick for the Hip Gout.

172. *Sparadrapa Domina Berks:* Lady Berkſhire's Sparadrap.

Take Freſh Butter and White Wax each a Pound, Tops of Green Roſemary and Sage each five Handfuls; Boil till it is green, and dip in Holland Cloths, the Size of a Breaſt, and make a Sparadrap.

The noble Authoreſs uſed this with great Succeſs in curdled Milk and ulcerated Breaſts.

173. *Flos Magna Unguentorum.* The great Flower of Ointment.

Take common Reſin, and Pine Reſin, each half a Pound, White Wax and Frankincenſe each four Ounces, Deers Suet the ſame Quantity, Gum Maſtick an Ounce, Camphire two Drams; melt them and add two Quarts of White Wine, and boil till the Wine is conſum'd; and when it grows cold add a Pound of Venice Turpentine, make a Plaiſter.

In all Wounds and Ulcers, it fills up Fleſh and ſkins it over, in Head-achs, ringing of the Ears, in all Pains and Swellings, in Stone, Cholick, contracted Sinews and Cramps, in Convulſions, rotten Bones, venemous Bites, Cancers, *noli me Tangere*, Splenic or Liver Pains, Foot Gout, it is a wonderful Thing; in immoderate Fluxes of the Terms, placed upon the Navel it ſtays it; and if you take a little of the Plaiſter form'd into Pills, it is excellent for the Whites and Gonorrhea.

APPENDIX.

174. A Confection uſed by King *Nicomedes*, when under any Apprehenſion of being poiſon'd.

TAKE Juniper Berries and Terra Sigillata each two Drams, powder and mix with Oil Olive, or Honey, a ſufficient Quantity to make an Electuary.

The Quantity of a Hazle-Nut of this Confection, drinking after it a Draught of Honey and Water, proves a certain Antidote againſt every kind of Poiſon.

In the Caſe of Poiſon being given in Food, by taking this Medicine previouſly, it will not ſuffer it to remain in the Stomach, but operating as an Emetick, will cauſe it immediately to be caſt up again. If on the contrary no Poiſon ſhould have been intermixed with the Food, it will give no kind of Emotion at all.

175. The Negroe Cæſar's Cure for Poiſon, and for the Bite of a *Rattle-Snake*.

Printed in the Carolina-Gazette; as a Reward for diſcovering which, the General Aſſembly there, purchaſed his Freedom, and granted him a Penſion of 100l. per Annum during his Life.

Take the Roots of Plantain and wild Horehound, freſh or dryed, three Ounces, boil them together

together in two Quarts of Water, to one Quart, and ſtrain it; of this Decoction let the Patient take one third Part three Mornings faſting ſucceſſively; from which, if he finds any Relief, it muſt be continued, 'till he is perfectly recover'd: On the contrary, if he finds no Alteration after the third Doſe, it is a Sign that the Patient has either not been poiſoned at all, or that it has been with ſuch Poiſon as *Cæſar's* Antidotes will not remedy, ſo may leave off the Decoction.

During the Cure, the Patient muſt live on a ſpare Diet, and abſtain from eating Mutton, Pork, Butter, or any other fat or oily Food.

N. B. The Plantain or Hore-Hound, will either of them cure alone, but they are moſt efficacious together.

In Summer you may take one Handful of the Roots and Branches of each, in the Place of three Ounces of the Roots of each.

For Drink during the Cure, let them take the following.

TAKE of the Roots of Golden-Rod ſix Ounces, or in Summer two large Handfuls of the Roots and Branches together, and boil them in two Quarts of Water to one Quart (to which alſo may be added a little Hore-Hound and Saſſafras.) To this Decoction, after it is ſtrain'd, add a Glaſs of Rum or Brandy, and ſweeten it with Sugar for ordinary Drink.

Some-

Sometimes an inward Fever attends ſuch as are poiſoned, for which he orders the following.

TAKE a Pint of Wood-Aſhes and three Pints of Water, ſtir and mix them well together, let them ſtand all Night, and ſtrain or decant the Lye off in the Morning, of which ten Ounces may be taken ſix Mornings following, warm'd or cold, according to the Weather.

Theſe Medicines have no ſenſible Operation, tho' ſometimes they work in the Bowels, and give a gentle Stool.

The Symptoms attending ſuch as are poiſoned, are as follow.

A Pain of the Breaſt, Difficulty of Breath, a Load at the Pit of the Stomach, an irregular Pulſe, burning and violent Pains of the Viſcera above and below the Navel, very reſtleſs at Night, ſometimes wandering Pains over the whole Body, a Reaching and Inclination to Vomit, profuſe Sweats, (which prove always ſerviceable) ſlimy Stools, both when coſtive and looſe, the Face of a pale and yellow Colour; ſometimes a Pain and Inflammation of the Throat; the Appetite is generally weak, and ſome cannot eat any Thing; thoſe who have been long poiſoned, are generally very feeble, and weak in their Limbs, ſometimes ſpit a great deal, the whole Skin peels, and likewiſe the Hair falls off.

176. *Cæſar's Cure for the Bite of a Rattle-Snake.*

TAKE of the Roots of Plantain or Hore-Hound, (in Summer Roots and Branches together) a ſufficient Quantity, bruiſe them in a Mortar, and ſqueeze out the Juice, of which give as ſoon as poſſible one large Spoonful; if he is ſwell'd you muſt force it down his Throat; This generally will cure; but if the Patient finds no Relief in a Hour after, you may give another Spoonful, which never fails.

If the Roots are dried, they muſt be moiſtened with a little Water.

To the Wound may be applied a Leaf of good Tobacco, moiſten'd with Rum.

177. Dr. *Mead's Receipt for the Cure of the Bite of a Mad Dog.*

LET the Patient be blooded at the Arm nine or ten Ounces, take of the Herb called in *Latin*, *Lichen Cinereus Terreſtris*, in *Engliſh* Aſh-colour'd Ground Liverwort, clean'd, dried, and powder'd half an Ounce; and Black Pepper powder'd two Drams; mix theſe well together, and divide the Powder into four Doſes, one of which muſt be taken every Morning faſting, for four Mornings ſucceſſively, in half a Pint of Cow's Milk warm. After theſe four Doſes are taken, the Patient muſt go into the Cold Bath,

or

or a Cold Spring, or River, every Morning faſting for a Month. He muſt be dipt all over, but not ſtay in (with his Head above Water) longer than half a Minute, if the Water be very cold. After this he muſt go in three Times a Week, for a Fortnight longer.

N. B. The *Lichen* is a very common Herb, and grows generally in ſandy and barren Soils all over *England*. The right Time to gather it is in the Months of *October* and *November*.

178. A Receipt for the Cure of a Bite of a Mad-Dog.

Practiſed with great Succeſs at Tonquin *in the* Eaſt-Indies.

TAKE of native Cinnabar, and factitious Cinnabar, both ground to an exceeding fine Powder, each twenty four Grains; of the ſtrongeſt Muſk, ſixteen Grains; rub theſe together till the Muſk is alſo become very fine, and give it all for a Doſe, in a ſmall Tea-cup full of Arrack or Brandy, as ſoon as poſſible after the Perſon is bit, and another Doſe thirty Days after; but if the Perſon has the Symptoms of Madneſs before he has had the Medicine, he muſt take two Doſes in an Hour and a half.

Not to enter into the Merits of the Medicine, or attempt to account for its Effects, it is obſervable, (for the Encouragement of every one, to take it where there is no more than a Suſpicion of an infectious Bite) that it is perfectly

fectly ſafe and innocent, as appears from the great Number of Perſons to whom it has been given by way of Preſervative, none of which have felt any ill Conſequences from it, or been diſorder'd after: The only viſible Effect it has, is, that of producing a conſiderable Drowſineſs, which in thoſe who being already Mad have two Doſes given them within the Time before mention'd, is prolong'd for ſeveral Hours, and terminates in a perfect Cure.

The Receipt is here given in its original Form; the Doſe being calculated for a grown Perſon, and is left to the Diſcretion of others to vary the Quantity or Vehicle, as may be moſt convenient, not doubting but as the Method here taught of giving ſuch large Doſes of Muſk is attended with Succeſs, it may alſo be extended to other Caſes under the Management of Phyſicians.

179. *Mrs.* Joanna Stephens's *Medicine for the Cure of the Stone and Gravel, with the Method of preparing and giving the ſame.*

Theſe Medicines are a Powder, a Decoction and Pills.

The Power conſiſts of Egg Shells, and Snails, both calcined.

The Decoction is made by boiling ſome Herbs (together with a Ball which conſiſts of Soap, Swines-Creſſes burnt to a Blackneſs, and Honey) in Water.

The

The Pills conſiſt of Snails calcined, Wild Carrot Seeds, Burdock Seeds, Aſhen Keys, Hips and Haws, all burnt to a Blackneſs, Soap, and Honey.

The Powder *is thus prepared.*

Take Hens Egg Shells well drained from the Whites, dry and clean, cruſh them ſmall with the Hands, and fill a Crucible of the twelfth Size (which contains nearly three Pints) with them lightly; place it in the Fire, and cover it with a Tile; then heap Coals over it, that it may be in the Midſt of a very ſtrong clear Fire, till the Egg Shells be calcined to greyiſh white, and acquire an acrid ſalt Taſte: This will take up eight Hours at leaſt. After they are thus calcined, put them into a dry clean earthen Pan, which muſt not be above three Parts full, that there may be Room for the Swelling of the Egg Shells in ſlaking. Let the Pan ſtand uncover'd in a dry Room for two Months, and no longer. In this Time the Egg-ſhells will become of a milder Taſte, and that Part which is ſufficiently calcined, will fall into a Powder of ſuch a Fineneſs, as to paſs through a common Hair-Sieve; which is to be done accordingly.

In like Manner take Garden Snails with their Shells, clean'd from the Dirt, fill a Crucible of the ſame Size with them whole; cover it, and place it in a Fire, as before, till the Snails have done ſmoaking, which will be in about an Hour, taking Care that they do not continue in the Fire

Fire after that. They are then to be taken out of the Crucible, and immediately rubbed in a Mortar to a fine Powder, which ought to be of a very dark grey Colour.

Note, If *Pit-Coal* be made uſe of, it will be proper, in order that the Fire may the ſooner burn clear on the Top, that large Cinders, and not freſh Coals, be placed upon the Tiles which cover the Crucibles.

Theſe Powders being thus prepar'd, take the Egg ſhell Powder of ſix Crucibles, and the Snail Powder of one, mix them together, rub them in a Mortar, and paſs them through a Cypreſs Sieve. This Mixture is immediately to be put up in Bottles, which muſt be cloſe ſtopped and kept in a dry Place for Uſe. I have generally added a ſmall Quantity of Swines Creſſes burnt to a Blackneſs, and rubbed fine; but this was only with a View to diſguiſe it.

The Egg Shells may be prepar'd at any Time of the Year, but it is beſt to do them in Summer. The Snails ought only to be prepared in *May*, *June*, *July*, and *Auguſt*; and I eſteem thoſe beſt which are done in the firſt of theſe Months.

The DECOCTION *is thus prepared.*

Take four Ounces and a Half of the beſt *Alicant* Soap, beat it in a Mortar with a large Spoonful of Swines Creſſes burnt to a Blackneſs, and as much Honey as will make the whole of the Con-

Conſiſtence of Paſte. Let this be form'd into a Ball.

Take this Ball, and Green Camomile, or Camomile Flowers, Sweet Fennel, Parſley and Burdock Leaves, of each one Ounce. When they are not Green, take the ſame Quantities of Roots, cut the Herbs or Roots, ſlice the Ball, and boil them in two Quarts of ſoft Water half an Hour, then ſtrain it off, and ſweeten it with Honey.

The PILLS *are thus prepared.*

Take equal Quantities by Meaſure, of Snails calcined as before, of Wild Carrot Seeds, Burdock Seeds, Aſhen Keys, Hips and Haws, all burnt to a Blackneſs; or, which is the ſame Thing, till they have done ſmoaking; mix them together, rub them in a Mortar, and paſs them through a Cypreſs Sieve. Then take a large Spoonful of this Mixture, and four Ounces of the beſt *Alicant* Soap, and beat them in a Mortar with as much Honey as will make the whole of a proper Conſiſtence for Pills. Sixty of which are to be made out of every Ounce of the Compoſition.

The Method of giving theſe Medicines is as follows.

When there is a Stone in the Bladder or Kidneys, the Powder is to be taken three Times a Day, *viz.* In a Morning after Breakfaſt, in the Afternoon about Five or Six, and at going to

Bed. The Doſe is a Dram *Averdupoiz*, or Fifty-ſix Grains, which is to be mixed in a large Tea Cup full of White Wine, Cyder, or ſmall Punch; and half a Pint of the Decoction is to be drank, either cold or Milk-warm, after every Doſe.

Theſe Medicines do frequently cauſe much Pain at firſt; in which Caſe it is proper to give an Opiate, and repeat it as often as there is Occaſion.

If the Perſon be coſtive during the Uſe of them, let him take as much Lenitive Electuary, or other laxative Medicine, as may be ſufficient to remove that Complaint, but not more: For it muſt be a principal Care at all Times to prevent a Looſeneſs, which would carry off the Medicines; and if this does happen, it will be proper to increaſe the Quantity of the Powder, which is aſtringent, or leſſen that of the Decoction, which is laxative, or take ſome other ſuitable Means by the Advice of Phyſicians.

During the Uſe of theſe Medicines, the Perſon ought to abſtain from ſalt Meats, red Wines and Milk, drink few Liquids, and uſe little Exerciſe, that ſo the Urine may be the more ſtrongly impregnated with the Medicines, and the longer retain'd in the Bladder.

If the Stomach will not bear the Decoction, a ſixth Part of the Ball made into Pills muſt be taken after every Doſe of the Powder.

Where the Perſon is aged, of a weak Conſtitution, or much reduced by Loſs of Appetite,

or

or Pain, the Powder muſt have a greater Proportion of the calcin'd Snails than according to the foregoing Direction; and this Proportion may be increaſed ſuitably to the Nature of the Caſe, till there be equal Parts of the two Ingredients. The Quantity alſo of both Powder and Decoction may be leſſen'd for the ſame Reaſons. But as ſoon as the Perſon can bear it, he ſhould take them in the above Proportions and Quantities.

Inſtead of the Herbs and Roots before mention'd, I have ſometimes uſed others, as Mallows, Marſhmallows, Yarrow red and white, Dandelion, Water-Creſſes, and Horſe-Radiſh Root, but do not know of any material Difference.

This is my Manner of giving the Powder and Decoction. As to the Pills, their chief Uſe is in Fits of the Gravel attended with Pain in the Back and Vomiting, and in Suppreſſions of Urine from a Stoppage in the Ureters. In theſe Caſes, the Perſon is to take five Pills every Hour Day and Night, when awake, till the Complaints are removed. They will alſo prevent the Formation of Gravel and Gravel-Stones in Conſtitutions ſubject to breed them, if ten or fifteen be taken every Day.

June 16, 1739.

J. Stephens.

181. Dr. *Bracken* of *Lancaſter's Recipe for Coughs and Colds.*

TAKE of the Herbs Betony and Colts-foot dried, of each an Ounce, beſt Tobacco half an Ounce, choiceſt white Amber in Powder three Drams, freſheſt Squinanch, or Camel's Hay, and of the Herb *Ros Solis*, not with the oblong, but with the round Leaf, of each half an Ounce; cut the Herbs in the Manner of Tobacco, and ſprinkle the Powder of Amber amongſt them, and ſmoke two or three Pipes of it a Day for a Fortnight; during which Time uſe the following Lozenges.

TAKE beſt *Spaniſh* Juice of Liquorice, an Ounce, double-refin'd Sugar, two Ounces, Gum Arabic finely powder'd, two Drams: Extract of Opium, or *London* Laudanum, one Scruple, or twenty Grains, all well beaten or pounded together, then with Mucilage of Gum Tragacanth, form into ſmall Lozenges, to be diſſolved leiſurely in the Mouth, and ſwallowed down as gently as poſſible.

182. *An effectual Cure for all Diſtempers ariſing from an inveterate Scurvy, ſuch as the Yaws, lame Diſtemper, Pox, Dropſy, &c. for the Diſcovery whereof a Negro Man in* Virginia *was freed by the Government, and had a Penſion of* 30l. *Sterling ſettled on him during his Life.*

TAKE four Ounces of the Inſide Bark of *Spaniſh*

Spaniſh Oak, two Ounces of the Inſide Bark of Pine, two Ounces of Shamack Root, boil them in three Quarts of Water till it comes to three Pints. The Patient muſt drink a Pint the firſt Morning; in a Minute or two after, half a Pint more; at Noon half a Pint; and at Night, half a Pint; Likewiſe daily after, till the Cure is perfected, half a Pint in the Morning; half a Pint at Noon; and the ſame at Night. If any Ulcer and proud Fleſh, waſh them with Blue Stone Water, anointing them afterwards with Hog's Fat and Deer's Dung, or Hare's Dung.

183. For a Hooping Cough, by Dr. *Ratcliffe.*

TAKE two Ounces of Conſerve of Roſes, two Ounces of Raiſins of the Sun ſtoned, two Ounces of brown Sugar Candy, and two penny-worth of Spirits of Sulphur; beat them up into a Conſerve, to be taken Morning and Evening.

184. For a Conſumption inſtead of Aſſes Milk, by Dr. *Gibſon.*

To three Pints of Water put forty Snails, two Ounces of Eringo-Root and two Ounces of French Barley; boil it to a Quart, then ſtrain it, and take two Spoonfuls in half a Pint of Milk twice a Day.

185. The Biſhop of *Cloyne*'s Recipe for Tar-Water.

POUR a Gallon of Cold Water on a Quart of Tar; ſtir and mix them thoroughly with a Ladle or flat Stick, the Space of three or four Minutes; after which the Veſſel muſt ſtand Forty eight hours, that the Tar may have Time to ſubſide; when the clear Water is to be poured off and kept cover'd for Uſe; no more being made from the ſame Tar, which may ſerve for common Purpoſes.

Beſides the above, the Biſhop recommends the following, for the Convenience of Travellers, or ſuch others as may not have an Opportunity of preparing it each Time it is to be taken.

186. Strong Tar-Water, for the Uſe of Travellers, &c.

TAKE of Tar and Water each one Quart, ſtir them well together for twenty Minutes; then let them ſettle, and pour off the clear Water.

N. B. The Doſe of Tar-Water in common Caſes is half a Pint, Morning and Night on an empty Stomach. — It ſhould be obſerved that the Tar-Water made in the laſt mentioned manner, having four Times the Strength of the other, ſhould be mixed when taken, with three Times its Quantity of Water.

187. *Linimentum Opthalmicum.* Sir *Hans Sloane's* Liniment for ſore Eyes.

TAKE of prepar'd Tutty one Ounce, of Lapis hæmatites prepar'd two Scruples; of the beſt Aloes prepar'd twelve Grains; of prepar'd Pearl, four Grains: Put them into a Porphyry or Marble Mortar, and rub them with a Peſtle of the ſame Stone very carefully, with a ſufficient Quantity of Viper's Greaſe, or Fat, to make a Liniment, to be uſed daily, Morning or Evening, or both, according to the Conveniency of the Patient, as hereafter directed.

This Recipe firſt made publick by Sir *Hans Sloane*, was purchaſed by him of a Perſon who had it from Dr. *Rugeley*.

Sir *Hans* informs us, that the Method which has beſt ſucceeded with him in facilitating the efficacious Uſe of this Liniment, is Bleeding and Bliſtering in the Neck and behind the Ears, in order to draw off the Humours from the Eyes; and afterwards, according to the Degree of the Inflammation, or Acrimony of the Juices, to make a Drain by Iſſues between the Shoulders, or a perpetual Bliſter; waſhing the Eyes with Spring-Water, which he eſteemed preferable to any ſpirituous Lotion, whether ſimple or compound. And that the beſt inward Medicines are Conſerve of Roſemary-Flowers; antiepileptic Powders, ſuch as *pulvis ad Guttetam*; Betony, Sage, Roſemary, Eyebright, wild Valerian-root, Caſtor, *&c.* waſhed down with a Tea made of

the ſame Ingredients; as alſo Drops of compound Spirit of Lavender, and *ſal volat. oleoſ.*

If the Inflammation returns, drawing about ſix Ounces of Blood from the Temples by Leeches, or cupping on the Shoulders, is very proper.

The Liniment is to be applied with a ſmall hair Pencil, the Eye winking or a little opened.

In proſecuting the Cure of ſore Eyes, this Gentleman tells us, the Want of Succeſs he has often found to be occaſioned by a lurking intermitting Fever, effecting the Eyes by every Fit, and rendering their Diſorder obſtinate, which muſt firſt be taken off by a proper Uſe of the Bark, that the Cure may be effectually performed.

He further informs us, that this Medicine has cured many whoſe Eyes were cover'd with opake Films and Cicatrices left by Inflammations and Apoſtems of the *Cornea*, which, though they happen to Perſons of all Conditions, yet are more common among the poorer Sort of People; many of whom have been ſo totally deprived of Sight as to be under a Neceſſity to be led to him; but who after ſome Time could perfectly well find their Way without a Guide; that it is likewiſe not only beneficial in ſuch Caſes, but alſo where there is an exceſſive ſhooting Pain in the Eyes, which he inſtances in the Caſe of a Lady, who for this Diſorder had taken about fifty Drops of Laudanum thrice in twenty four Hours, but that by this Medicine, ſhe, as well

well as many others, have been relieved without the Uſe of any Opiate.

The following Receipts, having been found of great Efficacy in the private Practice of the *Editor*, are here recommended to the Publick.

188. For Redneſs in the Eyes by Inflammation.

TAKE a new laid Egg, break a ſmall Hole in the Top of it, and pour the Yolk out of it: Fill it full of the Juice of Houſe-leek, and ſet it in the Embers; when it boils ſkum it till it be clear; then put into it as much white Copperas as a great Barley Corn, and ſo let it boil till the Copperas be melted; then ſtrain it through a clean Cloth and put it into a Glaſs, and when you uſe it keep your Eye cloſe with a Piece of Silk; uſe it when you go to Bed, and one Hour before you riſe; if you put your Copperas in before the Water be clear, it will look black but not be the worſe for Uſe.

189. An Application for the Gout.

TAKE Cantharides a moderate Quantity, and twice as much ſour Rye-bread crumbled, ſtamp them together in a Mortar with a little Vinegar, make a Plaiſter upon Cloth, cut it the Breadth of two-pence and lay it to the Place where the Pain is, for the Space of ſix or ſeven Hours; then lift up one ſide of the Plaiſter with a Knife, and let it lye half an Hour, then take it off, and

a Bliſter will be gathered there, let out the Water with a Needle in the loweſt Place of the Bliſter, and preſs it ſoftly with your Finger. Then take an Oak Leaf, cutting away the hard Veins thereof, and prick it very full of little Holes, and leave it on till it be healed. The Pain ceaſes upon the breaking of the Bliſter; make your Bliſter always beneath the Joint if you can poſſibly.

For the Strangury.

190. Uſe *a Decoction of Liquorice*, or this Powder.

Take of the Seeds of Melons huſk'd, Citrons and Cucumbers three Drams each, Seeds of Gourds, Purſlain and Lettice two Drams each; of red Roſes one Dram, Juice of Liquorice and Maſtick one Dram and a Half; beat them all and make a fine Powder, whereof give daily one Dram and a half in the Morning, with Syrup of Liquorice, or Julap of Violets or Roſes.

191. Another.

Venice Turpentine waſhed in Roſe Water or Endive Water, adminiſter the Quantity of a Nut, ſometimes two or three.

192. Another.

Clyſters made with the Decoction of Mallows, Violets, Althea, Leaves of Willow, Water Lillies,

Lillies, and put to them Caſſia Fiſtula, Sugar, and Oyl of Violet and Roſes.

193. For Giddineſs in the Head, or falling Sickneſs.

TAKE a Raven, draw out the Guts, and put it into a Pan with the Feathers, and ſet it into the Oven after the Bread is drawn out; when you take it out of the Oven, flea off the Skin and Feathers together, and cut the Fleſh from the Body of it, as thin as you can; then lay it on Plates, and dry it in an Oven as aforeſaid, until it will beat to Powder, then take an Ounce of the Powder and add theſe Ingredients, Miſletoe of the Oak, ſingle Piony-roots, Cubebes, Nutmegs, Cowſlip Flowers, and Lavender each one Scruple; beat all together and finely ſearſe through a Sieve; then take as much as will lye upon a Shilling every Morning, in a Diſh of Tea, to be taken at the New of the Moon, and two Days after, and at the Full of the Moon.

194. A Perfect Remedy againſt the Cholick.

TAKE fine Powder of Virga Aurea, or Golden Rod, and put a Spoonful of it into a new laid Egg ſoft roaſted, give the Patient to drink thereof in a Morning at his Breakfaſt, and let him not eat for ſome time after.

195. A Sovereign Plaiſter for any Ach.

TAKE a Quart of Malmſey and a Spoonful of Sallad Oyl, a good Handful of Onions peel'd, bruiſed and broken, and one Dram of Pepper finely beaten; ſeethe all theſe together until they be thick, ſpread it upon a Cloth, and apply it to the Place where the Pain is.

196. For Redneſs in the Face, or Pimples proceeding from a cold Cauſe.

TAKE Orange-peels, dry them and pound them very ſmall, and take thereof as much as will lye upon a Shilling in a Spoonful of Beer faſting, for fifteen Days together; and at any Time when they riſe again uſe this Medicine; if it comes from Cold, it is the beſt Medicine in the World.

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